



*Training Course:  
Office Management & Effective Administration  
Skills*

*31 May - 4 June 2027  
Barcelona (Spain)*

## Training Course: Office Management & Effective Administration Skills

Training Course code: OM1091 From: 31 May - 4 June 2027 Venue: Barcelona (Spain) - Training Course Fees: 5775 € Euro

### Introduction

This program, designed by Global Horizon Training Center, addresses the increasing complexity of modern office management.

With growing demands for speed, accuracy, technological adaptability, and collaboration across diverse teams, administrative professionals are expected to operate at a higher level of efficiency and professionalism. This course provides practical tools and advanced techniques to help participants enhance productivity, improve communication, and manage responsibilities with confidence and control.

### Objectives

Participants will be able to:

- Prioritize tasks and manage multiple responsibilities effectively
- Apply managerial thinking in planning, decision-making, and problem-solving
- Enhance communication skills for stronger workplace relationships
- Improve self-confidence and emotional control
- Practice assertiveness for professional effectiveness
- Develop both intrapersonal and interpersonal competencies

### Target Audience

This program is designed for professionals involved in administrative and office management roles, including:

- Office Managers
- Administrative Supervisors
- Executive Secretaries
- Personal Assistants PAs
- Executive Assistants EAs
- Administrative Officers and Coordinators
- Team Leaders and Support Staff
- Professionals aspiring to develop their administrative and office management skills

### Training Program Outline

Day 1: Taking Control of Your Work Life

- Understanding purpose, vision, and mission
- Working smarter, not harder
- Prioritizing and organizing tasks
- Streamlining office systems
- Managing paperwork efficiently
- Creating a productive office environment

#### Day 2: Essential Administrative Skills

- Mind mapping techniques
- Managing projects and deadlines
- Planning using Gantt charts
- Problem-solving methods
- Decision-making tools
- Effective meeting management

#### Day 3: Vital Communication Skills

- Communication styles and effectiveness
- Assertiveness techniques
- Conflict resolution win-win approach
- Body language awareness
- Gender communication differences
- Managing different personality types

#### Day 4: Developing as a Professional

- Advanced listening skills
- Building a professional image
- Leadership skills for administrators
- Presentation skills and confidence building
- Planning and delivering presentations
- Providing constructive feedback

#### Day 5: Self-Empowerment and Self-Management

- Understanding stress and its causes
- Identifying stress symptoms and triggers
- Emotional intelligence fundamentals
- Applying emotional intelligence at work
- Managing negative thinking and reactions
- Becoming proactive and self-aware
- Continuous professional development planning

## Registration form on the Training Course: Office Management & Effective Administration Skills

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

### Delegate Information

Full Name (Mr / Ms / Dr / Eng): .....  
Position: .....  
Telephone / Mobile: .....  
Personal E-Mail: .....  
Official E-Mail: .....

### Company Information

Company Name: .....  
Address: .....  
City / Country: .....

### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....  
Position: .....  
Telephone / Mobile: .....  
Personal E-Mail: .....  
Official E-Mail: .....

### Payment Method

- ☐ Please find enclosed a cheque made payable to Global Horizon
- ☐ Please invoice me
- ☐ Please invoice my company

### Easy Ways To Register

Telephone:  
+201095004484 to  
provisionally reserve your  
place.

Fax your completed  
registration  
form to: +20233379764

E-mail to us :  
info@gh4t.com  
or training@gh4t.com

Complete & return the  
booking form with cheque  
to: Global Horizon  
3 Oudai street, Aldouki,  
Giza, Giza Governorate,  
Egypt.