



*Training Course:
Exam Prep for NEBOSH International General
Certificate (IGC)*

*31 May - 11 June 2026
Dubai (UAE)*

Training Course: Exam Prep for NEBOSH International General Certificate (IGC)

Training Course code: SC236048 From: 31 May - 11 June 2026 Venue: Dubai (UAE) - Training Course Fees: 8470 € Euro

Introduction

This comprehensive 10-day training program by Global Horizon Training Center is meticulously designed to prepare participants for the NEBOSH International General Certificate IGC exam. Covering the full syllabus of IGC1 Management of Health and Safety, IGC2 Risk Assessment, and IGC3 Practical Application, the program combines theoretical knowledge, practical application, and intensive exam-focused activities. It ensures that participants not only understand the core principles of health and safety management but are also fully equipped with the tools and strategies to confidently pass the NEBOSH IGC exam.

Objectives

By the end of this course, participants will:

- Grasp the core principles of international health and safety management systems.
- Understand key legal frameworks and their application in various work environments.
- Identify workplace hazards and implement control measures.
- Conduct thorough risk assessments and recommend practical improvements.
- Apply best practices in incident investigation, emergency procedures, and environmental management.
- Build effective exam strategies and practice extensively with real-world scenarios.
- Be fully prepared to undertake the NEBOSH IGC exam with confidence.

Target Audience

- Health and safety officers and managers
- Supervisors and team leaders
- Engineers and operational staff responsible for workplace safety
- Anyone seeking the NEBOSH IGC qualification to enhance their career in occupational health and safety

Training Program Outline

Day 1: Course Introduction and Health & Safety Foundations

- Overview of the NEBOSH IGC syllabus and exam structure
- Introduction to health and safety management principles
- Key international standards and frameworks ILO, ISO 45001
- Health and safety culture and human factors
- The importance of leadership and worker engagement

Day 2: Health and Safety Management Systems IGC1

- The Plan-Do-Check-Act PDCA model
- Elements of an effective health and safety policy
- Roles and responsibilities of employers, managers, and employees
- Consultation, communication, and participation

Day 3: Risk Assessment Principles IGC1

- Understanding risk and risk assessment process
- Hazard identification methods
- Evaluating and prioritizing risks
- Implementing the hierarchy of controls
- Recording and reviewing risk assessments

Day 4: Managing Incident Investigation and Emergency Procedures

- Reporting and recording incidents
- Techniques for incident investigation and root cause analysis
- Developing and testing emergency plans
- Fire safety and emergency preparedness

Day 5: Monitoring, Review, and Continuous Improvement IGC1

- Active and reactive monitoring techniques
- Health and safety inspections and audits
- Data analysis for performance improvement
- Review of health and safety management systems

Day 6: Common Workplace Hazards IGC2

- Mechanical and electrical hazards
- Physical hazards noise, vibration, radiation, temperature
- Chemical and biological hazards
- Ergonomic and psychosocial hazards

Day 7: Workplace Hazard Control Measures IGC2

- Safe systems of work and permit-to-work systems
- Control measures for different types of hazards
- Selection and use of personal protective equipment PPE
- Housekeeping, storage, and workplace layout

Day 8: Work Equipment and Transport Safety IGC2

- Safe use of work equipment and machinery safeguarding
- Lifting operations and working at height safety
- Workplace transport safety and pedestrian management
- Managing contractor safety

Day 9: Environmental Management and Practical Application IGC2 & IGC3

- Introduction to environmental management: Waste, pollution, and sustainability
- Key environmental impacts and controls
- Preparing for the IGC3 practical risk assessment project

- Conducting practical site inspections and developing risk control plans

Day 10: Final Exam Prep and Mock Assessments

- Full-length mock exam simulation IGC1 and IGC2
- Review and discussion of answers and examiner expectations
- Tips for structuring exam responses and time management
- Final Q&A session and personalized coaching
- Guidance on IGC3 practical project submission and final checklist
- Course wrap-up and next steps for exam registration and readiness

Registration form on the Training Course: Exam Prep for NEBOSH International General Certificate (IGC)

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

Delegate Information

Full Name (Mr / Ms / Dr / Eng):
 Position:
 Telephone / Mobile:
 Personal E-Mail:
 Official E-Mail:

Company Information

Company Name:
 Address:
 City / Country:

Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng):
 Position:
 Telephone / Mobile:
 Personal E-Mail:
 Official E-Mail:

Payment Method

- Please find enclosed a cheque made payable to Global Horizon
- Please invoice me
- Please invoice my company

Easy Ways To Register

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provisionally reserve your
place.

Fax your completed
registration
form to: +20233379764

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