



*Training Course:  
STCW Basic Safety & Security (PST, PSSR, EFA,  
DSD & Fire Fighting)*

*10 - 14 May 2026*

*Cairo (Egypt)*

*Holiday Inn & Suites Cairo Maadi, an IHG Hotel*

## Training Course: STCW Basic Safety & Security (PST, PSSR, EFA, DSD & Fire Fighting)

Training Course code: MM236462 From: 10 - 14 May 2026 Venue: Cairo (Egypt) - Holiday Inn & Suites Cairo Maadi, an IHG Hotel Training Course Fees: 4410 € Euro

### Introduction

Safety and security are fundamental requirements for all seafarers working onboard vessels. The [Standards of Training, Certification and Watchkeeping STCW](#) mandate essential safety and security training to ensure that personnel are prepared to respond effectively to emergencies at sea.

This program, developed by [Global Horizon Training Center](#), provides comprehensive training in [Personal Survival Techniques PST](#), [Personal Safety and Social Responsibilities PSSR](#), [Elementary First Aid EFA](#), [Designated Security Duties DSD](#), and [Fire Prevention & Fire Fighting PFFF](#). It equips participants with the critical knowledge and practical skills needed to enhance safety awareness, respond to emergencies, and comply with international maritime standards.

Participants will gain both theoretical understanding and practical competence to ensure their readiness for real-life maritime situations.

### Course Objectives

By the end of this program, participants will be able to:

- Understand essential maritime safety and security principles
- Apply personal survival techniques in emergency situations
- Demonstrate knowledge of onboard safety procedures and responsibilities
- Provide basic first aid in maritime environments
- Understand and perform designated security duties
- Prevent, control, and respond to fire incidents onboard
- Enhance awareness of risks and emergency response protocols
- Comply with STCW safety and security requirements

### Target Audience

This program is designed for:

- Seafarers and Maritime Personnel
- Deck and Engine Crew Members
- Offshore Workers
- Marine Cadets and Trainees
- Individuals seeking certification for maritime employment

## Outline

### Day 1: Personal Survival Techniques PST

- Types of maritime emergencies
- Survival principles at sea
- Use of life-saving appliances
- Lifejackets and immersion suits
- Abandon ship procedures
- Survival craft and rescue boats
- Practical drills and simulations

### Day 2: Personal Safety & Social Responsibilities PSSR

- Safety culture onboard ships
- Roles and responsibilities of crew members
- Emergency procedures and signals
- Pollution prevention and environmental protection
- Safe working practices and hazard awareness
- Human relationships and teamwork onboard

### Day 3: Elementary First Aid EFA

- Basic first aid principles
- Assessing casualties and emergency response
- CPR and resuscitation techniques
- Treatment of wounds, burns, and fractures
- Medical emergencies at sea
- Practical first aid exercises

### Day 4: Fire Prevention & Fire Fighting FPF

- Causes and types of fire onboard
- Fire prevention methods
- Fire detection systems and alarms
- Firefighting equipment and extinguishers
- Firefighting techniques and procedures
- Practical firefighting drills

### Day 5: Designated Security Duties DSD

- Maritime security awareness
- Types of security threats and risks
- Ship security plans and procedures
- Access control and monitoring
- Responding to security incidents
- Communication and reporting protocols
- Final assessment and certification review

## Registration form on the Training Course: STCW Basic Safety & Security (PST, PSSR, EFA, DSD & Fire Fighting)

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

### Delegate Information

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Company Information

Company Name: .....  
 Address: .....  
 City / Country: .....

### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Payment Method

- Please find enclosed a cheque made payable to Global Horizon
- Please invoice me
- Please invoice my company

### Easy Ways To Register

Telephone:  
+201095004484 to  
provisionally reserve your  
place.

Fax your completed  
registration  
form to: +20233379764

E-mail to us :  
info@gh4t.com  
or training@gh4t.com

Complete & return the  
booking form with cheque  
to: Global Horizon  
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Giza, Giza Governorate,  
Egypt.