



*Training Course:
STCW Personal Safety & Social Responsibility
(PSSR)*

31 May - 4 June 2026

Cairo (Egypt)

Holiday Inn & Suites Cairo Maadi, an IHG Hotel

Training Course: STCW Personal Safety & Social Responsibility (PSSR)

Training Course code: MM235809 From: 31 May - 4 June 2026 Venue: Cairo (Egypt) - Holiday Inn & Suites Cairo Maadi, an IHG Hotel Training Course Fees: 4410 € Euro

Introduction

Safety, discipline, and teamwork are fundamental to successful maritime operations. The **STCW Personal Safety and Social Responsibility PSSR** course is a mandatory requirement under the **STCW Convention Regulation VI/1** for all seafarers, ensuring they understand safe working practices and their responsibilities onboard.

This program, developed by **Global Horizon Training Center**, provides participants with essential knowledge and awareness of personal safety, accident prevention, environmental protection, and effective human relationships at sea. It emphasizes the importance of safety culture, communication, and teamwork in maintaining a secure and efficient shipboard environment.

Participants will gain the competencies needed to work safely, contribute positively to onboard operations, and comply with international maritime standards.

Course Objectives

By the end of this program, participants will be able to:

- Understand personal safety responsibilities onboard ships
- Identify workplace hazards and apply safe working practices
- Contribute to accident prevention and safety culture
- Understand pollution prevention and environmental protection measures
- Demonstrate effective communication and teamwork skills
- Recognize the importance of human relationships onboard
- Comply with STCW safety requirements and procedures

Target Audience

This program is designed for:

- All seafarers and maritime personnel
- Deck and engine crew members
- Maritime cadets and trainees
- Personnel preparing for STCW certification

Outline

Day 1: Introduction to Personal Safety and Responsibilities

- Overview of STCW VI/1 requirements
- Importance of personal safety onboard ships
- Roles and responsibilities of seafarers
- Safety culture and awareness
- Basic emergency procedures

Day 2: Safe Working Practices and Hazard Awareness

- Identifying workplace hazards
- Risk assessment basics
- Safe working practices onboard
- Use of Personal Protective Equipment PPE
- Preventing accidents and injuries

Day 3: Pollution Prevention and Environmental Protection

- Marine pollution types and sources
- MARPOL regulations overview
- Waste management onboard
- Environmental protection responsibilities
- Sustainable practices in maritime operations

Day 4: Human Relationships and Teamwork

- Effective communication onboard
- Teamwork and collaboration
- Cultural awareness and diversity at sea
- Conflict prevention and resolution
- Maintaining discipline and professionalism

Day 5: Emergency Response and Safety Practices

- Emergency signals and procedures
- Responding to onboard emergencies
- Personal safety during emergency situations
- Continuous safety improvement
- Final review and assessment

Registration form on the Training Course: STCW Personal Safety & Social Responsibility (PSSR)

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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Position:

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Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng):

Position:

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Payment Method

- Please find enclosed a cheque made payable to Global Horizon
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