



*Training Course:  
Leadership, Communication & Interpersonal  
Skills*

*21 - 25 December 2026  
Cape Town (South Africa)  
DoubleTree by Hilton Cape Town - Upper Eastside*

## Training Course: Leadership, Communication & Interpersonal Skills

Training Course code: LS1115 From: 21 - 25 December 2026 Venue: Cape Town (South Africa) - DoubleTree by Hilton Cape Town - Upper Eastside Training Course Fees: 6350 € Euro

### Introduction

Effective organizational leadership requires more than just managing day-to-day operations. Leaders must be visionaries, aligning people and systems with strategic goals, driving innovation, and fostering transformational change. In today's fast-paced and complex business world, leaders need the ability to manage change, influence culture, drive performance, and lead teams through uncertainty.

The **Leadership, Communication & Interpersonal Skills** program is designed to provide participants with the advanced leadership capabilities they need to lead teams effectively, communicate with impact, and strengthen interpersonal relationships. Through practical frameworks, leadership assessments, and real-world case studies, this program will help participants enhance their leadership influence, build stronger teams, and effectively manage communication at all levels of the organization.

### Course Objectives

By the end of this training program, participants will be able to:

- Strengthen communication and interpersonal skills for effective leadership.
- Build leadership credibility and influence across various teams.
- Adapt leadership styles to lead diverse and high-performance teams.
- Effectively manage conflicts and negotiate in challenging situations.
- Develop strategies to motivate teams and boost productivity.
- Foster an environment of trust, transparency, and emotional intelligence.
- Lead through change and innovation by inspiring others.
- Align personal leadership capabilities with organizational needs.

### Target Audience

- Senior Executives and Directors
- Department Managers and Supervisors
- HR Professionals and Organizational Development Experts
- Team Leaders and Aspiring Managers
- Business Consultants and Entrepreneurs
- Professionals looking to strengthen their leadership, communication, and interpersonal skills

### 5-Day Training Outline

#### Day 1: Foundations of Leadership and Communication

- Introduction to leadership theories and styles
- Enhancing communication skills for leadership
- Self-awareness and emotional intelligence in leadership
- Building trust and rapport with teams and stakeholders
- Active listening and effective feedback techniques

#### Day 2: Leadership Influence and Interpersonal Skills

- Strengthening leadership influence at all organizational levels
- Navigating complex interpersonal dynamics
- Conflict resolution techniques for leaders
- Negotiating effectively and maintaining positive relationships
- Influencing decision-making and driving change

#### Day 3: Motivating and Building High-Performance Teams

- Identifying motivational drivers in teams and individuals
- Building a culture of motivation and productivity
- Delegation and empowerment strategies
- Conflict management and overcoming resistance to change
- Team-building exercises and best practices

#### Day 4: Leading through Change and Innovation

- The role of a leader in managing organizational change
- Applying change management frameworks
- Leading teams through transitions and ambiguity
- Fostering innovation within teams and the organization
- Building resilience and adaptability in leadership

#### Day 5: Action Planning and Leadership Development

- Developing personalized leadership development plans
- Strategic planning for future leadership challenges
- Enhancing communication and interpersonal leadership skills
- Implementing change and innovation in leadership roles
- Final assessments and feedback

## Registration form on the Training Course: Leadership, Communication & Interpersonal Skills

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

### Delegate Information

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Company Information

Company Name: .....  
 Address: .....  
 City / Country: .....

### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Payment Method

- Please find enclosed a cheque made payable to Global Horizon
- Please invoice me
- Please invoice my company

### Easy Ways To Register

Telephone:  
+201095004484 to  
provisionally reserve your  
place.

Fax your completed  
registration  
form to: +20233379764

E-mail to us :  
info@gh4t.com  
or training@gh4t.com

Complete & return the  
booking form with cheque  
to: Global Horizon  
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Giza, Giza Governorate,  
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