



*Training Course:  
Empowerment through Education*

*16 - 20 August 2026  
Manama (Bahrain)*

## Training Course: Empowerment through Education

Training Course code: SC235452 From: 16 - 20 August 2026 Venue: Manama (Bahrain) - Training Course Fees: 5150 €

### Introduction

The **Empowerment through Education** training program is designed to equip trainers with the knowledge, skills, and compassionate approaches needed to support individuals facing various life challenges such as trauma, mental health issues, disabilities, and socio-economic difficulties.

The program focuses on education as a tool for empowerment, helping participants understand the psychological, emotional, and social aspects of adversity. Through practical sessions, case studies, and interactive workshops, trainers will learn effective strategies for communication, intervention, and support.

It also emphasizes empathy, inclusivity, and ethical responsibility, enabling participants to create meaningful and positive change in the lives of others and their communities.

### Objectives

By the end of this training program, participants will be able to:

- Understand the diverse range of challenging experiences individuals may encounter.
- Develop empathy and sensitivity towards individuals facing challenges.
- Apply effective communication techniques to build trust and rapport.
- Utilize practical strategies for providing emotional and psychological support.
- Facilitate empowering educational interventions that promote resilience and well-being.

### Target Audience

- Educators
- Social workers
- Counselors
- Community leaders
- Non-profit organization staff
- Anyone involved in supporting individuals facing challenging experiences

## Outlines:

### Day 1:

#### Understanding Challenging Experiences

- Overview of common challenging experiences
- Impact of challenging experiences on individuals and communities
- Ethical considerations in supporting individuals with challenges

### Day 2:

#### Building Empathy and Communication Skills

- Developing empathy towards individuals with challenging experiences
- Effective communication techniques for sensitive conversations
- Role-playing and practical exercises

### Day 3:

#### Psychological and Emotional Support

- Introduction to basic psychological principles
- Techniques for providing emotional support
- Case studies and group discussions

### Day 4:

#### Empowerment and Resilience

- Promoting empowerment through education
- Strategies for fostering resilience in individuals
- Practical workshops on empowerment activities

### Day 5:

#### Implementing Educational Interventions

- Designing and delivering educational interventions

- Evaluation and assessment of intervention effectiveness
- Action planning for future support initiatives

## Registration form on the Training Course: Empowerment through Education

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

### Delegate Information

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Company Information

Company Name: .....  
 Address: .....  
 City / Country: .....

### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Payment Method

- Please find enclosed a cheque made payable to Global Horizon
- Please invoice me
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### Easy Ways To Register

Telephone:  
+201095004484 to  
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E-mail to us :  
info@gh4t.com  
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