



*Training Course:
Agile Project Management*

*2 - 6 November 2026
Cape Town (South Africa)
DoubleTree by Hilton Cape Town - Upper Eastside*

Training Course: Agile Project Management

Training Course code: MA234701 From: 2 - 6 November 2026 Venue: Cape Town (South Africa) - DoubleTree by Hilton Cape Town - Upper Eastside Training Course Fees: 6350 € Euro

Introduction

Agile project management is increasingly recognized as an effective approach for managing projects in dynamic and uncertain environments. The [Agile Project Management](#) program provides participants with a comprehensive understanding of Agile principles, methodologies, and practices, enabling them to deliver projects with greater flexibility, speed, and value.

This program introduces Agile concepts in a practical and adaptable way, allowing participants to apply them across various industries, including business transformation, technology development, and innovation-driven projects.

Course Objectives

By the end of this program, participants will be able to:

- Understand the fundamentals of Agile project management and its benefits
- Explain the 4 values and 12 principles of the Agile Manifesto
- Identify and apply different Agile methodologies Scrum, XP, Crystal
- Apply Agile practices across various project types and industries
- Use Agile tools and techniques for planning, execution, and delivery
- Define roles and responsibilities within Agile teams
- Manage stakeholder engagement and requirements effectively
- Develop Agile planning, estimation, and risk management approaches
- Lead Agile teams and foster collaboration
- Support organizational transition toward an Agile mindset

Target Audience

This program is designed for:

- Project Managers and Program Managers
- Team Leaders and Supervisors
- PMO Members and Coordinators
- IT and Software Development Professionals
- Business Analysts and Change Managers
- Professionals involved in project and change management

Outline

Day 1 - Agile Foundations and Principles

- Introduction to Agile project management
- Overview of traditional waterfall project management
- Limitations of classical approaches
- The Agile Manifesto: 4 values and 12 principles
- Cultural and organizational challenges in Agile adoption
- Selecting appropriate scenarios for Agile implementation

Day 2 - Agile Project Initiation

- Overview of Agile methodologies: Scrum, XP, Crystal
- Identifying stakeholders and defining roles
- Establishing project vision and objectives
- Defining project scope in Agile environments
- Agile requirements gathering and user stories
- Documentation and reporting in Agile projects

Day 3 - Agile Planning and Estimation

- Agile planning concepts and the "planning onion"
- Iterative planning and team collaboration
- Product backlog creation and prioritization
- Agile estimation techniques
- Managing uncertainty and risk in Agile projects
- Tools for planning and requirement prioritization

Day 4 - Agile Execution and Delivery

- Agile execution frameworks and team dynamics
- Sprint planning and review cycles
- Daily Scrum meetings and team coordination
- Monitoring progress and managing change
- Delivering value through incremental releases
- Integration between business and project teams

Day 5 - Agile Leadership and Team Performance

- Leadership in Agile environments
- Roles and responsibilities in Agile teams
- Developing high-performing Agile teams
- Coaching, mentoring, and facilitation skills
- Managing conflict and improving collaboration
- Transitioning from project manager to Agile coach

Registration form on the Training Course: Agile Project Management

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