



*Training Course:
OSHA 30-Hour Construction*

*23 - 27 August 2026
Manama (Bahrain)*

Training Course: OSHA 30-Hour Construction

Training Course code: HE234637 From: 23 - 27 August 2026 Venue: Manama (Bahrain) - Training Course Fees: 5150 € Euro

Introduction

ClickSafety's [OSHA 30-Hour Construction](#) course is an OSHA-authorized program designed to meet OSHA Outreach training requirements. This online program covers critical construction safety topics, from electrical hazard safety to fall protection. Participants will gain the knowledge and skills needed to perform construction work safely, comply with OSHA regulations, and earn a valid OSHA 30-Hour card. ClickSafety provides a flexible online format trusted by thousands of construction workers for effective training and certification.

Objectives

By the end of this course, participants will be able to:

- Recognize worker rights protected under OSHA
- Understand employer responsibilities under OSHA
- Identify major construction hazards, including:
 - Fall hazards
 - Caught-in or -between hazards
 - Struck-by hazards
 - Electrocuting hazards
 - Material handling hazards
 - Hand and power tool hazards
 - Crane, motor vehicle, and mechanized equipment hazards
 - Fire hazards and emergency response
 - Concrete, masonry, welding, cutting, and confined space hazards
 - Steel erection hazards
- Select appropriate PPE and lifesaving equipment
- Protect oneself from construction health hazards and MSD/RMD injuries
- Apply safety and health program requirements effectively
- Understand the role of management and workforce in improving safety culture
- Recognize supervisor responsibilities for preventing injuries and ensuring compliance
- Investigate incidents and implement preventive measures

Target Audience

- Construction workers
- Construction foremen
- Construction job supervisors
- All personnel responsible for construction-related projects

Outlines

Day 1:

- Introduction to OSHA
- Contractor's Safety and Health Program

Day 2:

- Reporting and Record-Keeping
- Electrical Hazards
- Fall Protection
- Materials Handling

Day 3:

- Cranes and Rigging
- Motorized Mobile Platforms

Day 4:

- The Competent Person
- Excavations

Day 5:

- Work Zone Traffic Control
- Forklift Hazards

Registration form on the Training Course: OSHA 30-Hour Construction

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

Delegate Information

Full Name (Mr / Ms / Dr / Eng):
 Position:
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 Personal E-Mail:
 Official E-Mail:

Company Information

Company Name:
 Address:
 City / Country:

Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng):
 Position:
 Telephone / Mobile:
 Personal E-Mail:
 Official E-Mail:

Payment Method

- Please find enclosed a cheque made payable to Global Horizon
- Please invoice me
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Easy Ways To Register

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