



*Training Course:
Identifying & Reducing Wasteful Practices*

*6 - 10 July 2026
Cape Town (South Africa)
DoubleTree by Hilton Cape Town - Upper Eastside*

Training Course: Identifying & Reducing Wasteful Practices

Training Course code: MA9360 From: 6 - 10 July 2026 Venue: Cape Town (South Africa) - DoubleTree by Hilton Cape Town - Upper Eastside Training Course Fees: 6350 € Euro

Introduction

In today's efficiency-driven organizations, eliminating waste is essential for improving productivity, reducing costs, and enhancing overall performance. Wasteful practices—whether in time, resources, processes, or effort—can significantly hinder operational effectiveness and organizational success.

This program, developed by [Global Horizon Training Center](#), equips participants with practical tools and methodologies to identify, analyze, and eliminate waste across processes and operations. Drawing on Lean principles and continuous improvement practices, the course enables participants to streamline workflows, optimize resource utilization, and create value-driven processes.

Participants will gain hands-on experience in recognizing inefficiencies, applying structured improvement techniques, and fostering a culture of continuous improvement within their organizations.

Course Objectives

By the end of this program, participants will be able to:

- Understand the concept and types of waste in organizational processes
- Identify inefficiencies and non-value-added activities
- Apply Lean principles to reduce waste and improve performance
- Analyze processes using structured tools and techniques
- Improve workflow efficiency and resource utilization
- Implement waste reduction strategies across operations
- Enhance productivity and cost-effectiveness
- Promote a culture of continuous improvement

Target Audience

This program is designed for:

- Operations and Process Improvement Professionals
- Managers and Supervisors
- Quality Assurance and Continuous Improvement Teams
- Lean and Six Sigma Practitioners
- Project and Program Managers
- Government and Public Sector Employees
- Anyone involved in improving efficiency and reducing operational waste

Outline

Day 1: Understanding Waste and Lean Principles

- Introduction to Waste in Organizations
- Types of Waste TIMWOOD: Transport, Inventory, Motion, Waiting, Overproduction, Overprocessing, Defects
- Lean Thinking and Value Creation
- Identifying Value vs. Non-Value-Added Activities
- Case Studies on Waste Reduction

Day 2: Process Analysis and Waste Identification

- Process Mapping Techniques Flowcharts, SIPOC, Value Stream Mapping
- Identifying Bottlenecks and Inefficiencies
- Root Cause Analysis 5 Whys, Fishbone Diagram
- Measuring Process Performance
- Data Collection and Analysis Techniques

Day 3: Waste Reduction Tools and Techniques

- Eliminating Waste through Process Simplification
- Standardization and Best Practices
- 5S Methodology Sort, Set in Order, Shine, Standardize, Sustain
- Visual Management Techniques
- Error-Proofing Poka-Yoke Concepts

Day 4: Implementation and Change Management

- Planning Waste Reduction Initiatives
- Engaging Teams in Continuous Improvement
- Managing Resistance to Change
- Communication Strategies for Improvement Projects
- Monitoring and Controlling Improvements

Day 5: Sustaining Improvement and Operational Excellence

- Building a Culture of Continuous Improvement
- Performance Measurement and KPIs
- Continuous Monitoring and Feedback Loops
- Benchmarking and Best Practices
- Case Studies and Practical Exercises
- Developing Action Plans for Waste Reduction

Registration form on the Training Course: Identifying & Reducing Wasteful Practices

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