



*Training Course:
OSHA 20-Hour Construction*

*11 - 15 October 2026
Cairo (Egypt)
Holiday Inn & Suites Cairo Maadi, an IHG Hotel*

Training Course: OSHA 20-Hour Construction

Training Course code: EN234584 From: 11 - 15 October 2026 Venue: Cairo (Egypt) - Holiday Inn & Suites Cairo Maadi, an IHG Hotel Training Course Fees: 4410 € Euro

Introduction

Occupational Safety and Health Administration OSHA training is essential for ensuring safe work environments in the construction industry. The OSHA 20-Hour Construction program provides participants with comprehensive knowledge of workplace hazards, safety standards, and preventive measures to reduce risks and improve compliance.

This program, designed by Global Horizon Training Center, equips participants with the practical knowledge and awareness required to recognize hazards, apply safety regulations, and promote a strong safety culture on construction sites.

Course Objectives

By the end of this program, participants will be able to:

- Understand OSHA standards and regulations for construction
- Identify common construction site hazards
- Apply safety practices to prevent accidents and injuries
- Use personal protective equipment PPE effectively
- Recognize and control health and environmental risks
- Implement site safety management practices
- Respond to emergencies and incidents
- Promote workplace safety culture and compliance

Target Audience

This program is designed for:

- Construction Workers and Technicians
- Site Supervisors and Foremen
- Safety Officers and HSE Personnel
- Project Engineers and Managers
- Contractors and Subcontractors
- Individuals working in construction environments

Outline

Day 1: Introduction to OSHA and Construction Safety

- Overview of OSHA and regulatory framework
- Worker rights and employer responsibilities
- Introduction to construction hazards
- Safety culture and awareness
- Basic hazard identification

Day 2: Personal Protective Equipment and Site Safety

- Types of PPE and proper usage
- Site safety rules and procedures
- Housekeeping and site organization
- Hazard communication HAZCOM
- Safety signage and labeling

Day 3: Fall Protection and Working at Heights

- Fall hazards and prevention methods
- Fall protection systems guardrails, harnesses
- Scaffolding safety
- Ladder safety
- Working at heights procedures

Day 4: Electrical, Equipment, and Excavation Safety

- Electrical hazards and safe practices
- Lockout/Tagout LOTO principles
- Safe use of tools and equipment
- Excavation and trenching safety
- Heavy equipment safety

Day 5: Health Hazards, Emergency Response, and Compliance

- Health hazards noise, dust, chemicals
- Fire safety and prevention
- Emergency response and first aid basics
- Incident reporting and investigation
- OSHA compliance and best practices

Registration form on the Training Course: OSHA 20-Hour Construction

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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Full Name (Mr / Ms / Dr / Eng):
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 Official E-Mail:

Company Information

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Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng):
 Position:
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Payment Method

- Please find enclosed a cheque made payable to Global Horizon
- Please invoice me
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