



*Training Course:  
Respiratory fit testing for trainers*

*18 - 22 October 2026*

*Cairo (Egypt)*

*Holiday Inn & Suites Cairo Maadi, an IHG Hotel*

## Training Course: Respiratory fit testing for trainers

Training Course code: HE234685 From: 18 - 22 October 2026 Venue: Cairo (Egypt) - Holiday Inn & Suites Cairo Maadi, an IHG Hotel Training Course Fees: 4100 € Euro

### **Introduction**

Current standards dictate that any person required to use a full face respirator must be fit tested by a qualified tester. After completing this course, you will be able to perform qualitative and quantitative respirator fit tests. If the people in your workplace are required to wear a respirator, then you have a respiratory health risk and being able to perform fit tests will greatly improve your workplace's health and safety.

### **Course Objectives of Respiratory fit testing for trainers**

By the end of this course, participants will be able to conduct fit testing for one or both methods Quantitative and Qualitative and provide instruction and training to in-house employees on the following topics:

- Identify specific Roles and Responsibilities within a respiratory protection program
- Explain the process of hazard assessment for biological and chemical situations
- Understand respiratory hazards
- Identify different Types of Respirators and limitations of use
- Select the Appropriate Respirator
- Identify different Fit Testing methods and conduct fit testing using them hands on
- Explain end of service life and replacement times
- Explain, maintenance and storage requirements

### **Course Benefits of Respiratory fit testing for trainers**

- Gain a solid foundation of the fundamentals & requirements for effective

respiratory protection and fit testing

- Review types of commonly used tight-fitting respirators
- Review respiratory pre-use requirements and comfort validation
- Learn the most commonly used Qualitative and Quantitative fit test methods
- Understand the methods for conducting fit tests and associated critical procedures
- Learn verification techniques for the competency of respirator users
- Obtain valuable guidance on how fit testing workspaces, equipment and activities are organized

### **Course Outlines of Respiratory fit testing for trainers**

- Overview of the components of the Qualitative Fit Testing kit
- Explanation on how to prepare equipment
- An understanding of the Fit Testing requirements to the CSA Z94.4
- Clarification of basic Fit Testing terminology
- Fit Testing procedures
- Demonstration of the steps to follow for qualitative fit testing
- Hands on practice of fit testing procedures one on one
- Review of legislation rules and regulations
- CSA Standards review
- Pre-donning safety checks
- Complete instruction on how to properly don and doff a respirator
- Proper cleaning and storage of respirators
- Quantitative Method
- Qualitative Method
- Medical Monitoring
- Safety Programs

## Registration form on the Training Course: Respiratory fit testing for trainers

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

### Delegate Information

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Company Information

Company Name: .....  
 Address: .....  
 City / Country: .....

### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Payment Method

- Please find enclosed a cheque made payable to Global Horizon
- Please invoice me
- Please invoice my company

### Easy Ways To Register

Telephone:  
+201095004484 to  
provisionally reserve your  
place.

Fax your completed  
registration  
form to: +20233379764

E-mail to us :  
info@gh4t.com  
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