



*Training Course:
Creating Stronger Relationships*

*12 - 16 October 2026
Cape Town (South Africa)
DoubleTree by Hilton Cape Town - Upper Eastside*

Training Course: Creating Stronger Relationships

Training Course code: LS8004 From: 12 - 16 October 2026 Venue: Cape Town (South Africa) - DoubleTree by Hilton Cape Town - Upper Eastside Training Course Fees: 6350 € Euro

Introduction

Strong professional relationships are essential for successful leadership, effective teamwork, and organizational growth. Leaders who can communicate effectively, motivate others, build trust, and foster collaboration create positive work environments that encourage innovation, productivity, and employee engagement.

The Creating Stronger Relationships program is designed to help participants develop the interpersonal, leadership, coaching, and communication skills required to build strong and lasting professional relationships. The program focuses on motivation, delegation, emotional intelligence, coaching, conflict resolution, communication, and team development to strengthen workplace relationships and improve organizational performance.

Participants will learn practical techniques to inspire teams, improve collaboration, manage performance effectively, and build influence through strong interpersonal communication and leadership practices.

Course Objectives

By the end of this training program, participants will be able to:

- Build effective and professional working relationships.
- Communicate with confidence, clarity, and professionalism.
- Inspire and motivate teams toward higher performance.
- Apply coaching and mentoring techniques effectively.
- Develop trust, rapport, and collaboration within teams.
- Manage disagreements and workplace conflict constructively.
- Adapt leadership styles to different individuals and situations.
- Build positive and supportive work environments.
- Strengthen emotional intelligence and interpersonal effectiveness.
- Improve influence, teamwork, and leadership communication skills.

Target Audience

- Team Leaders and Supervisors
- Managers and Department Heads
- HR and Organizational Development Professionals
- Project Coordinators and Team Managers
- Professionals Responsible for Team Leadership
- Customer-Facing Professionals
- Individuals Seeking to Improve Leadership and Relationship-Building Skills

5-Day Training Outline

Day 1: Leadership, Motivation, and Delegation

- Principles of effective leadership
- Understanding motivation and employee engagement
- Motivation theories and workplace application
- Delegation styles and techniques
- Matching delegation approaches to situations and individuals
- Leadership versus management
- Creating a positive work environment

Day 2: Characteristics of Effective Leadership

- Traits of successful leaders
- Traditional versus transformational leadership
- Flexible leadership styles
- Emotional intelligence and leadership effectiveness
- Decision-making and problem-solving techniques
- Building proactive and high-performing teams
- Leadership mindset development

Day 3: Coaching and Performance Management

- Coaching and mentoring principles
- Performance management techniques
- Conducting fair performance evaluations
- Managing employee development professionally
- Leadership and coaching behavior assessment
- Identifying strengths and improvement opportunities
- Continuous feedback and employee support

Day 4: Building a Learning and Collaborative Environment

- Creating a learning organization
- Senge's five disciplines of learning organizations
- Personal mastery and continuous development
- Shared vision and team commitment
- Team learning and collaboration
- Systems thinking and organizational improvement
- Managing change and encouraging innovation

Day 5: Communication and Relationship Building

- Interpersonal communication skills for leaders
- Building trust and credibility
- Understanding perception and communication styles
- Conflict management and consensus building
- Delivering clear and professional messages



- Strengthening self-confidence and leadership presence
- Developing personal action plans for relationship success

Registration form on the Training Course: Creating Stronger Relationships

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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Payment Method

- Please find enclosed a cheque made payable to Global Horizon
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