



*Conference:
Leading with Emotional Intelligence: Psychology
of Leadership*

*20 - 24 September 2026
Dubai (UAE)*

Conference: Leading with Emotional Intelligence: Psychology of Leadership

Conference code: CO8150 From: 20 - 24 September 2026 Venue: Dubai (UAE) - Conference Fees: 5390 € Euro

Introduction

Gain the ability to recognize and positively manage emotions in yourself, in others and in groups!

Recent studies indicate that emotional intelligence is a powerful key to effective leadership. This valuable seminar delivers the in-depth knowledge and practical skills you need to ensure that you are a strong, emotionally intelligent leader. You will also learn how to apply emotional intelligence to specific leadership situations to gain the authority and success you strive for as a leader.

Objectives

- Gain an honest and accurate awareness of Yourself
- Monitor and adapt your own emotions and behaviors for your benefit and that of your Team & Department
- Have a positive influence on the emotions and motivation of others
- Develop cohesive, emotionally intelligent teams
- Create an atmosphere that fosters emotional intelligence
- Adaptability in dealing with different personalities
- Understand and apply the psychology of leadership

Target Audience:

- Senior managers, middle managers, and team leaders responsible for leading people and teams
- HR managers and HR business partners focused on leadership development and organizational behavior
- Supervisors and department heads seeking to improve emotional intelligence in leadership
- Training and development professionals involved in leadership and soft skills programs
- Project managers and operational managers leading cross-functional teams
- Organizational development and change management professionals
- Professionals in customer-facing or people-intensive roles requiring strong interpersonal influence
- Individuals preparing for leadership roles who want to strengthen emotional intelligence and people management skills
- Anyone aiming to improve self-awareness, empathy, communication, and team effectiveness in a workplace setting

Outlines

Day 1: Introduction to Emotional Intelligence

- Understanding emotional intelligence & its components
- Significance of EQ to effective leadership
- Importance of perception
- Attitudes & behavior of leaders
- Consequences of low EQ to personal effectiveness
- Removing emotional blindspots

Day 2: Psychology of Leadership

- Theories of leadership
- Importance of self-concept
- Understanding personality styles
- Optimizing our personality strengths
- Adaptability in dealing with different personalities
- Task versus relationship-oriented leadership

Day 3: Apply Psychology in Leading in an Emotionally Intelligent Way

- Enhancing self-awareness
- Empathy: Increase your level of social awareness
- Delegating tasks and responsibilities
- Influencing and inspiring people
- Identifying personality disorders
- Managing difficult behavior & poor performance

Day 4: Building an Emotionally Intelligent Team based on Psychological Principles

- Importance of EQ to team effectiveness
- Motivating a high-performance team
- Building unified teams
- EQ for building trusting relationships

- Conflict resolution for promoting consensus & collaboration
- Increase the EQ of your teams & entire organization

Day 5: Communication for Successful Leadership

- Giving & receiving feedback
- Psychology of persuasion
- Creating an inspiring vision
- Solving people problems at work
- Non-alienation for high EQ leadership
- Developing leadership integrity

Registration form on the Conference: Leading with Emotional Intelligence: Psychology of Leadership

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