



*Training Course:
STCW First Aid for Marines*

*16 - 20 August 2026
Cairo (Egypt)
Holiday Inn & Suites Cairo Maadi, an IHG Hotel*

Training Course: STCW First Aid for Marines

Training Course code: MM235647 From: 16 - 20 August 2026 Venue: Cairo (Egypt) - Holiday Inn & Suites Cairo Maadi, an IHG Hotel Training Course Fees: 4410 € Euro

Introduction

Medical emergencies at sea require immediate and effective response, often in environments where professional medical assistance is not readily available. The [STCW Elementary First Aid EFA](#) course is a mandatory requirement under the [STCW Convention Regulation VI/1](#), ensuring that all seafarers are equipped with the essential skills to provide basic medical care onboard.

This program, developed by [Global Horizon Training Center](#), provides participants with the knowledge and practical skills necessary to respond to common medical emergencies at sea. It focuses on casualty assessment, life-saving techniques, and basic treatment procedures to stabilize injured or ill persons until further medical assistance is available.

Participants will develop confidence in handling emergency situations, contributing to the safety and well-being of crew members onboard.

Course Objectives

By the end of this program, participants will be able to:

- Understand the principles of first aid in a maritime environment
- Assess casualties and prioritize treatment
- Perform CPR and basic life support
- Treat wounds, burns, fractures, and other injuries
- Manage medical emergencies onboard
- Use first aid equipment effectively
- Communicate medical information during emergencies
- Comply with STCW first aid requirements

Target Audience

This program is designed for:

- All seafarers and maritime personnel
- Deck and engine crew members
- Maritime cadets and trainees
- Personnel preparing for STCW certification

Outline

Day 1: Introduction to First Aid and Emergency Response

- Overview of STCW VI/1 requirements
- Principles of first aid at sea
- Assessing the situation and ensuring safety
- Primary and secondary casualty assessment
- Emergency response procedures

Day 2: Basic Life Support BLS

- Cardiopulmonary resuscitation CPR techniques
- Airway management and breathing support
- Recovery position
- Use of automated external defibrillator AED
- Practical CPR exercises

Day 3: Treatment of Injuries

- Managing wounds and bleeding
- Treatment of burns and scalds
- Handling fractures, sprains, and dislocations
- Head and spinal injuries
- Shock recognition and management

Day 4: Medical Emergencies at Sea

- Heart attacks, strokes, and respiratory emergencies
- Allergic reactions and poisoning
- Heatstroke, hypothermia, and dehydration
- Seasickness and fatigue
- Communication with medical support services

Day 5: First Aid Practice and Assessment

- Practical first aid drills and scenarios
- Team-based emergency response exercises
- Use of onboard medical kits
- Review of best practices
- Final assessment and course review

Registration form on the Training Course: STCW First Aid for Marines

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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Company Information

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Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng):
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Payment Method

- Please find enclosed a cheque made payable to Global Horizon
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