



*Training Course:  
Leadership for Women*

*11 - 15 May 2026  
Barcelona (Spain)*

## Training Course: Leadership for Women

Training Course code: LS235031 From: 11 - 15 May 2026 Venue: Barcelona (Spain) - Training Course Fees: 5775 € Euro

### Introduction

This training program aims to help women leaders develop their leadership skills and overcome the unique challenges they face in male-dominated environments. Participants will learn how to build confidence, assertiveness, and resilience, communicate effectively, lead diverse teams, and create a supportive work environment. The program will use a combination of theoretical concepts, practical tools, and experiential activities to help participants apply leadership skills in their work and personal lives.

### Objectives

By the end of this training program, participants will be able to:

- Understand the challenges and opportunities of women in leadership
- Develop confidence, assertiveness, and resilience as a leader
- Communicate effectively and assertively with different types of people
- Lead diverse teams and promote inclusivity
- Create a supportive work environment that fosters collaboration, innovation, and high performance

### Target Audience

- Aspiring Female Leaders: Women aiming for leadership roles.
- Mid-Level Female Managers: Women looking to enhance their leadership skills.
- Senior Female Executives: Women in top leadership positions.
- Women Entrepreneurs: Female business owners seeking leadership development.
- HR Professionals: HR leaders focused on supporting women in the workplace.
- Women in Career Transition: Women looking to move into leadership roles.
- Leadership Coaches: Mentors supporting women leaders.

### Outlines

Day 1: Understanding the Challenges and Opportunities of Women in Leadership

- Overview of the gender gap in leadership positions
- Stereotypes, biases, and double standards
- Success stories of women in leadership

#### Day 2: Developing Confidence, Assertiveness, and Resilience as a Leader

- Overcoming self-doubt and imposter syndrome
- Techniques for building confidence and assertiveness
- Coping with stress and setbacks

#### Day 3: Communicating Effectively and Assertively with Different Types of People

- Understanding communication styles and preferences
- Techniques for assertive communication
- Managing difficult conversations and conflicts

#### Day 4: Leading Diverse Teams and Promoting Inclusivity

- Understanding diversity and inclusion
- Techniques for promoting inclusivity in the workplace
- Managing diversity-related conflicts and challenges

#### Day 5: Creating a Supportive Work Environment that Fosters Collaboration, Innovation, and High Performance

- Creating a positive work culture
- Fostering teamwork and collaboration
- Techniques for promoting innovation and high performance.

## Registration form on the Training Course: Leadership for Women

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

### Delegate Information

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Company Information

Company Name: .....  
 Address: .....  
 City / Country: .....

### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Payment Method

- Please find enclosed a cheque made payable to Global Horizon
- Please invoice me
- Please invoice my company

### Easy Ways To Register

Telephone:  
+201095004484 to  
provisionally reserve your  
place.

Fax your completed  
registration  
form to: +20233379764

E-mail to us :  
info@gh4t.com  
or training@gh4t.com

Complete & return the  
booking form with cheque  
to: Global Horizon  
3 Oudai street, Aldouki,  
Giza, Giza Governorate,  
Egypt.