



*Training Course:  
Realising your Leadership Potential through Self  
Discovery*

*14 - 25 September 2026  
Barcelona (Spain)*

## Training Course: Realising your Leadership Potential through Self Discovery

Training Course code: LS1106 From: 14 - 25 September 2026 Venue: Barcelona (Spain) - Training Course Fees: 9450 € Euro

### Introduction

Developing leadership skills is more than learning to be a good manager. Great leadership is first and foremost an "inside job." Before we can lead others with influence and confidence, we must first discover the inner qualities and strengths to lead ourselves with conviction. Leadership, from this perspective, is a manifestation of our unique personal power, purpose, and vision.

The **Inner Journey of Leadership Mastery** is a two-part program that focuses precisely on developing the vast inner resources we all possess.

The seminar is split into two modules:

- **MODULE I:** Leadership Development: Self-Awareness, Skills, and Strategies
- **MODULE II:** Leadership, Critical Thinking, and Innovation: Igniting Creativity for Workplace Excellence

Each module is structured and can be taken as a stand-alone course; however, delegates will maximize their benefits by taking Module 1 and 2 back-to-back as a two-week seminar.

### Course Objectives

By the end of this program, participants will be able to:

- View leadership from a new and higher-level perspective.
- Discover and analyze your leadership style and tendencies.
- Grow in personal power and effectiveness.
- Build upon your intrinsic leadership qualities.
- Develop and employ emotional forces within you.
- Master critical interpersonal skills essential for leading others.
- Build a culture that promotes innovation and creativity.
- Understand different styles of thinking and identify your personal preferences.
- Develop creativity for transformational leadership.
- Challenge existing approaches to workplace issues.
- Build flexible, creative, and motivated teams.

### Target Audience

- Senior Executives and Directors
- Middle Managers and Aspiring Leaders
- HR and Organizational Development Professionals
- Entrepreneurs and Business Owners
- Leadership Coaches and Mentors

- Project Managers and Team Leaders
- High-Potential Professionals

## Course Outlines

### Module 1: Leadership Development: Self-Awareness, Skills, and Strategies

#### Day 1: Master Keys of Effective Leadership

- The principles of leadership
- The mind of the leader
- The heart of the leader
- The practices of effective leaders
- The five roles leaders play
- Leadership self-assessment
- Rebalance your leadership style for optimal results

#### Day 2: Towards Emotional Self-Awareness

- Growing your personal power
- Achieving emotional excellence
- Self-leadership through inner mastery
- Success through a positive attitude
- Your time and your life
- Increasing personal productivity
- Direction through personal integrity
- Designing a strategic plan for your life and career

#### Day 3: Mastering People Skills

- Understanding interdependence
- Winning through effective communication
- The active listening model
- The four styles of communication
- Dealing with conflict constructively
- Using the principles of influence & persuasion
- Speaking and presenting skillfully
- The art of win-win negotiation

#### Day 4: Building and Leading Extraordinary Teams

- How a high-performing team differs from a traditional workgroup
- The three elements of high-performance teams
- Understanding the four types of teams
- The stages of team development
- Team dynamics: How teams really work
- Understanding and optimizing team member styles
- Leading through trust
- Leading through change

#### Day 5: Performance Management

- Igniting team creativity
- The art of practical coaching
- Conducting effective performance discussions
- Positive discipline through expectations
- Delegating and empowering the right way
- The situational leadership model
- How to analyze development needs
- Using effective tools for managing performance

#### Module 2: Leadership, Critical Thinking, and Innovation: Igniting Creativity for Workplace Excellence

#### Day 6: Understanding Your Creativity

- Creativity and your personality
- Using personality styles as a management tool
- Creative flexibility to manage effectively
- Importance of perception
- Maximizing perceptual ability
- Creativity and the holistic model
- Creative people from the past
- Building a creative model

#### Day 7: Generating Creativity

- How creative thinking works
- Developing openness to new ideas
- The creative mind: Whole-brain thinking
- Distinguishing stages of the creative process
- Recognizing what makes excellent creative thinking
- Identifying and understanding creativity in others
- Developing a creative environment
- Consciousness and competence

#### Day 8: Strategies for Creative Problem Solving

- Problem-solving strategies
- Getting in the right mindset
- Taking risks and looking for paradigm shifts
- Defining the real problem
- Recognizing mental blocks to creativity
- Brainstorming for solutions
- Utilizing the SLIP technique
- Utilizing the drill-down funnel

#### Day 9: Encouraging a Creative Climate at Work

- Releasing creativity at work
- Fostering creativity
- Incubating ideas
- Challenging assumptions

- Creativity for business breakthroughs
- Sharpening creative thinking: Metaphors and analogies
- Releasing creativity through coaching

#### Day 10: Leading on the Creative Edge

- Innovative leadership for excellent performance
- Convergent and divergent thinking skills
- Developing creative potential in teams
- Understanding creative people
- Motivating creative individuals at work
- Interacting creatively
- Planning your creative future

## Registration form on the Training Course: Realising your Leadership Potential through Self Discovery

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

### Delegate Information

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Company Information

Company Name: .....  
 Address: .....  
 City / Country: .....

### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Payment Method

- Please find enclosed a cheque made payable to Global Horizon
- Please invoice me
- Please invoice my company

### Easy Ways To Register

Telephone:  
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place.

Fax your completed  
registration  
form to: +20233379764

E-mail to us :  
info@gh4t.com  
or training@gh4t.com

Complete & return the  
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to: Global Horizon  
3 Oudai street, Aldouki,  
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