



*Training Course:
Leadership for Women*

*13 - 17 July 2026
Barcelona (Spain)*

Training Course: Leadership for Women

Training Course code: LS235031 From: 13 - 17 July 2026 Venue: Barcelona (Spain) - Training Course Fees: 5775 € Euro

Introduction

This training program aims to help women leaders develop their leadership skills and overcome the unique challenges they face in male-dominated environments. Participants will learn how to build confidence, assertiveness, and resilience, communicate effectively, lead diverse teams, and create a supportive work environment. The program will use a combination of theoretical concepts, practical tools, and experiential activities to help participants apply leadership skills in their work and personal lives.

Objectives

By the end of this training program, participants will be able to:

- Understand the challenges and opportunities of women in leadership
- Develop confidence, assertiveness, and resilience as a leader
- Communicate effectively and assertively with different types of people
- Lead diverse teams and promote inclusivity
- Create a supportive work environment that fosters collaboration, innovation, and high performance

Target Audience

- Aspiring Female Leaders: Women aiming for leadership roles.
- Mid-Level Female Managers: Women looking to enhance their leadership skills.
- Senior Female Executives: Women in top leadership positions.
- Women Entrepreneurs: Female business owners seeking leadership development.
- HR Professionals: HR leaders focused on supporting women in the workplace.
- Women in Career Transition: Women looking to move into leadership roles.
- Leadership Coaches: Mentors supporting women leaders.

Outlines

Day 1: Understanding the Challenges and Opportunities of Women in Leadership

- Overview of the gender gap in leadership positions
- Stereotypes, biases, and double standards
- Success stories of women in leadership

Day 2: Developing Confidence, Assertiveness, and Resilience as a Leader

- Overcoming self-doubt and imposter syndrome
- Techniques for building confidence and assertiveness
- Coping with stress and setbacks

Day 3: Communicating Effectively and Assertively with Different Types of People

- Understanding communication styles and preferences
- Techniques for assertive communication
- Managing difficult conversations and conflicts

Day 4: Leading Diverse Teams and Promoting Inclusivity

- Understanding diversity and inclusion
- Techniques for promoting inclusivity in the workplace
- Managing diversity-related conflicts and challenges

Day 5: Creating a Supportive Work Environment that Fosters Collaboration, Innovation, and High Performance

- Creating a positive work culture
- Fostering teamwork and collaboration
- Techniques for promoting innovation and high performance.

Registration form on the Training Course: Leadership for Women

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

Delegate Information

Full Name (Mr / Ms / Dr / Eng):
 Position:
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 Personal E-Mail:
 Official E-Mail:

Company Information

Company Name:
 Address:
 City / Country:

Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng):
 Position:
 Telephone / Mobile:
 Personal E-Mail:
 Official E-Mail:

Payment Method

- Please find enclosed a cheque made payable to Global Horizon
- Please invoice me
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