



*Conference:  
Leading with Emotional Intelligence: Psychology  
of Leadership*

*25 - 29 October 2026  
Manama (Bahrain)*

## Conference: Leading with Emotional Intelligence: Psychology of Leadership

Conference code: CO8150 From: 25 - 29 October 2026 Venue: Manama (Bahrain) - Conference Fees: 5150 € Euro

### Introduction

Gain the ability to recognize and positively manage emotions in yourself, in others and in groups!

Recent studies indicate that emotional intelligence is a powerful key to effective leadership. This valuable seminar delivers the in-depth knowledge and practical skills you need to ensure that you are a strong, emotionally intelligent leader. You will also learn how to apply emotional intelligence to specific leadership situations to gain the authority and success you strive for as a leader.

### Objectives

- Gain an honest and accurate awareness of Yourself
- Monitor and adapt your own emotions and behaviors for your benefit and that of your Team & Department
- Have a positive influence on the emotions and motivation of others
- Develop cohesive, emotionally intelligent teams
- Create an atmosphere that fosters emotional intelligence
- Adaptability in dealing with different personalities
- Understand and apply the psychology of leadership

### Target Audience:

- Senior managers, middle managers, and team leaders responsible for leading people and teams
- HR managers and HR business partners focused on leadership development and organizational behavior
- Supervisors and department heads seeking to improve emotional intelligence in leadership
- Training and development professionals involved in leadership and soft skills programs
- Project managers and operational managers leading cross-functional teams
- Organizational development and change management professionals
- Professionals in customer-facing or people-intensive roles requiring strong interpersonal influence
- Individuals preparing for leadership roles who want to strengthen emotional intelligence and people management skills
- Anyone aiming to improve self-awareness, empathy, communication, and team effectiveness in a workplace setting

### Outlines

Day 1: Introduction to Emotional Intelligence

- Understanding emotional intelligence & its components
- Significance of EQ to effective leadership
- Importance of perception
- Attitudes & behavior of leaders
- Consequences of low EQ to personal effectiveness
- Removing emotional blindspots

#### Day 2: Psychology of Leadership

- Theories of leadership
- Importance of self-concept
- Understanding personality styles
- Optimizing our personality strengths
- Adaptability in dealing with different personalities
- Task versus relationship-oriented leadership

#### Day 3: Apply Psychology in Leading in an Emotionally Intelligent Way

- Enhancing self-awareness
- Empathy: Increase your level of social awareness
- Delegating tasks and responsibilities
- Influencing and inspiring people
- Identifying personality disorders
- Managing difficult behavior & poor performance

#### Day 4: Building an Emotionally Intelligent Team based on Psychological Principles

- Importance of EQ to team effectiveness
- Motivating a high-performance team
- Building unified teams
- EQ for building trusting relationships

- Conflict resolution for promoting consensus & collaboration
- Increase the EQ of your teams & entire organization

#### Day 5: Communication for Successful Leadership

- Giving & receiving feedback
- Psychology of persuasion
- Creating an inspiring vision
- Solving people problems at work
- Non-alienation for high EQ leadership
- Developing leadership integrity

## Registration form on the Conference: Leading with Emotional Intelligence: Psychology of Leadership

Conference code: CO8150 From: 25 - 29 October 2026 Venue: Manama (Bahrain) - Conference Fees: 5150 € Euro

Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

### Delegate Information

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Company Information

Company Name: .....  
 Address: .....  
 City / Country: .....

### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Payment Method

- Please find enclosed a cheque made payable to Global Horizon
- Please invoice me
- Please invoice my company

### Easy Ways To Register

Telephone:  
+201095004484 to  
provisionally reserve your  
place.

Fax your completed  
registration  
form to: +20233379764

E-mail to us :  
info@gh4t.com  
or training@gh4t.com

Complete & return the  
booking form with cheque  
to: Global Horizon  
3 Oudai street, Aldouki,  
Giza, Giza Governorate,  
Egypt.