



*Training Course:  
STCW Refresh Training*

*19 - 23 October 2026  
Kuala Lumpur (Malaysia)*

## Training Course: STCW Refresh Training

Training Course code: MM234929 From: 19 - 23 October 2026 Venue: Kuala Lumpur (Malaysia) - Training Course Fees: 6825 € Euro

### Introduction

To maintain competency and ensure continued compliance with international maritime safety standards, seafarers are required to periodically refresh their knowledge and practical skills. The [STCW Refresh Training](#), aligned with the [STCW Convention Manila Amendments](#), ensures that seafarers retain proficiency in essential safety areas such as survival, firefighting, first aid, and safety responsibilities.

This program, developed by [Global Horizon Training Center](#), is designed to update and reinforce participants' knowledge and hands-on skills in core STCW safety competencies. It focuses on practical exercises, emergency response readiness, and adherence to the latest maritime safety procedures.

Participants will renew their confidence and ability to respond effectively to onboard emergencies, ensuring continued compliance and operational safety.

### Course Objectives

By the end of this program, participants will be able to:

- Refresh knowledge of STCW basic safety requirements
- Demonstrate updated skills in personal survival techniques
- Apply fire prevention and firefighting procedures effectively
- Perform basic first aid and emergency response
- Reinforce safe working practices and personal responsibilities
- Respond confidently to onboard emergencies
- Maintain compliance with STCW certification requirements

### Target Audience

This program is designed for:

- Seafarers requiring STCW refresher certification
- Deck and engine crew members
- Maritime professionals renewing their certificates
- Personnel returning to sea after a break

### Outline

#### Day 1: STCW Overview and Personal Safety Refresher PSSR

- Overview of STCW requirements and refresher obligations
- Personal safety responsibilities onboard
- Safe working practices and hazard awareness
- Emergency procedures and safety culture
- Refresher exercises on PSSR concepts

#### Day 2: Personal Survival Techniques Refresher PST

- Survival principles at sea
- Use of life-saving appliances lifejackets, immersion suits
- Abandon ship procedures
- Survival techniques in water
- Practical survival drills

#### Day 3: Fire Prevention and Fire Fighting Refresher FP&FF

- Fire hazards and prevention methods
- Types of fires and firefighting techniques
- Use of firefighting equipment
- Breathing apparatus and PPE
- Practical firefighting drills

#### Day 4: Elementary First Aid Refresher EFA

- Basic life support CPR
- Casualty assessment and treatment
- Managing injuries and medical emergencies
- Use of first aid equipment
- Practical first aid scenarios

#### Day 5: Integrated Emergency Response and Assessment

- Combined emergency scenarios fire, abandonment, medical
- Team coordination and communication
- Emergency drills and simulations
- Review of best practices
- Final assessment and certification review

## Registration form on the Training Course: STCW Refresh Training

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

### Delegate Information

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Company Information

Company Name: .....  
 Address: .....  
 City / Country: .....

### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Payment Method

- Please find enclosed a cheque made payable to Global Horizon
- Please invoice me
- Please invoice my company

### Easy Ways To Register

Telephone:  
+201095004484 to  
provisionally reserve your  
place.

Fax your completed  
registration  
form to: +20233379764

E-mail to us :  
info@gh4t.com  
or training@gh4t.com

Complete & return the  
booking form with cheque  
to: Global Horizon  
3 Oudai street, Aldouki,  
Giza, Giza Governorate,  
Egypt.