



*Training Course:
STCW Refresh Training*

*2 - 6 August 2026
Istanbul (Turkey)
DoubleTree by Hilton Istanbul Esentepe*

Training Course: STCW Refresh Training

Training Course code: MM234929 From: 2 - 6 August 2026 Venue: Istanbul (Turkey) - DoubleTree by Hilton Istanbul Esentepe Training Course Fees: 6825 € Euro

Introduction

To maintain competency and ensure continued compliance with international maritime safety standards, seafarers are required to periodically refresh their knowledge and practical skills. The [STCW Refresh Training](#), aligned with the [STCW Convention Manila Amendments](#), ensures that seafarers retain proficiency in essential safety areas such as survival, firefighting, first aid, and safety responsibilities.

This program, developed by [Global Horizon Training Center](#), is designed to update and reinforce participants' knowledge and hands-on skills in core STCW safety competencies. It focuses on practical exercises, emergency response readiness, and adherence to the latest maritime safety procedures.

Participants will renew their confidence and ability to respond effectively to onboard emergencies, ensuring continued compliance and operational safety.

Course Objectives

By the end of this program, participants will be able to:

- Refresh knowledge of STCW basic safety requirements
- Demonstrate updated skills in personal survival techniques
- Apply fire prevention and firefighting procedures effectively
- Perform basic first aid and emergency response
- Reinforce safe working practices and personal responsibilities
- Respond confidently to onboard emergencies
- Maintain compliance with STCW certification requirements

Target Audience

This program is designed for:

- Seafarers requiring STCW refresher certification
- Deck and engine crew members
- Maritime professionals renewing their certificates
- Personnel returning to sea after a break

Outline

Day 1: STCW Overview and Personal Safety Refresher PSSR

- Overview of STCW requirements and refresher obligations
- Personal safety responsibilities onboard
- Safe working practices and hazard awareness
- Emergency procedures and safety culture
- Refresher exercises on PSSR concepts

Day 2: Personal Survival Techniques Refresher PST

- Survival principles at sea
- Use of life-saving appliances lifejackets, immersion suits
- Abandon ship procedures
- Survival techniques in water
- Practical survival drills

Day 3: Fire Prevention and Fire Fighting Refresher FP&FF

- Fire hazards and prevention methods
- Types of fires and firefighting techniques
- Use of firefighting equipment
- Breathing apparatus and PPE
- Practical firefighting drills

Day 4: Elementary First Aid Refresher EFA

- Basic life support CPR
- Casualty assessment and treatment
- Managing injuries and medical emergencies
- Use of first aid equipment
- Practical first aid scenarios

Day 5: Integrated Emergency Response and Assessment

- Combined emergency scenarios fire, abandonment, medical
- Team coordination and communication
- Emergency drills and simulations
- Review of best practices
- Final assessment and certification review

Registration form on the Training Course: STCW Refresh Training

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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Full Name (Mr / Ms / Dr / Eng):

Position:

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Personal E-Mail:

Official E-Mail:

Company Information

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Address:

City / Country:

Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng):

Position:

Telephone / Mobile:

Personal E-Mail:

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Payment Method

- Please find enclosed a cheque made payable to Global Horizon
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