



Training Course: Comprehensive Leadership & Project Excellence Program

1 - 12 December 2025 Barcelona (Spain) Grupotel Gran Via 678



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Training Course code: SC236278 From: 1 - 12 December 2025 Venue: Barcelona (Spain) - Grupotel Gran Via 678 Training Course Fees: 9800

Euro

Introduction

This 10-day program, designed by Global Horizon Training Center, equips participants with the technical, interpersonal, and strategic skills necessary for leading projects and teams with excellence. It ensures a balanced focus on project management fundamentals and key leadership competencies such as stakeholder engagement, time management, emotional intelligence, conflict resolution, and accountability. By extending the program to 10 days, each competency is thoroughly addressed through practical tools, frameworks, and exercises that enable participants to implement what they learn directly into their work environment.

Objectives

By the end of this program, participants will be able to:

- Apply advanced project management principles to plan, execute, and monitor projects effectively.
- Engage, influence, and manage stakeholders to ensure alignment and support.
- Master time management techniques to boost efficiency and prioritize competing demands.
- Enhance emotional intelligence to strengthen leadership impact, communication, and collaboration.
- · Resolve conflicts constructively using structured frameworks and negotiation techniques.
- Foster a culture of accountability within themselves and their teams for consistent results.
- Integrate leadership skills with project management excellence to drive organizational success.

Target Audience

- Project managers, team leaders, and supervisors.
- Mid- to senior-level managers overseeing cross-functional projects.
- Professionals seeking to strengthen both project management and leadership competencies.

Course Methodology

The program uses a combination of interactive lectures, group discussions, case studies, role-plays, simulations, and action planning. Participants will engage in real-world project scenarios, self-assessments, and collaborative exercises designed to reinforce learning and ensure applicability in their workplace.



Outlines

Day 1

Foundations of Leadership & Project Management

- The link between leadership effectiveness and project success.
- Key project management fundamentals: scope, schedule, cost, quality.
- Leadership styles and their impact on project outcomes.
- Case study: Comparing successful vs. failed projects.

Day 2

Advanced Project Planning & Execution

- Defining project objectives, deliverables, and success criteria.
- Work breakdown structure WBS and project scheduling.
- Monitoring progress with KPIs and dashboards.
- Exercise: Drafting a project charter.

Day 3 - Stakeholder Management Fundamentals

- Identifying, mapping, and analyzing stakeholders.
- Techniques to build trust and engagement.
- Managing stakeholder expectations and resistance.
- Workshop: Developing a stakeholder analysis map.

Day 4

Strategic Stakeholder Engagement

- Communication strategies for different stakeholder groups.
- Influence and persuasion techniques.
- Negotiation skills for stakeholder alignment.
- Role-play: Managing a high-pressure stakeholder scenario.



Day 5

Time Management Essentials

- Identifying time-wasters and productivity barriers.
- Frameworks: Eisenhower Matrix, Pomodoro Technique, and delegation.
- Tools and technologies for managing deadlines.
- Practical activity: Building a personal productivity plan.

Day 6 - Advanced Time & Priority Management

- Aligning personal time management with project timelines.
- Multitasking vs. focus: the neuroscience of productivity.
- Managing competing priorities across projects.
- Simulation: Handling multiple urgent project tasks.

Day 7

Emotional Intelligence for Leaders

- The four dimensions of EI: self-awareness, self-regulation, empathy, social skills.
- Using EI to strengthen decision-making and communication.
- Developing resilience and empathy as a leader.
- Group activity: Role-play in emotionally charged project discussions.

Day 8

Applying Emotional Intelligence in Projects

- Leading diverse and cross-cultural teams with El.
- Emotional triggers and how to manage them.
- Applying EI to stakeholder negotiations.
- Self-assessment: Building a personal El development plan.

Day 9



Conflict Resolution & Team Collaboration

- Common sources of conflict in projects.
- Conflict management styles and frameworks.
- Mediation, problem-solving, and win-win negotiation.
- Workshop: Resolving a simulated project conflict.

Day 10

Accountability & Integrating Excellence

- Defining accountability in leadership and project contexts.
- Building a culture of responsibility and ownership.
- Linking accountability to performance outcomes.
- Capstone Project: Integrating all six competencies into a final leadership & project excellence action plan.



Registration form on the Training Course: Comprehensive Leadership & Project Excellence Program

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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