



Training Course: Train of Trainers Program TOT

5 - 9 October 2025 Istanbul (Turkey) DoubleTree by Hilton Istanbul Esentepe



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Training Course code: MA12366 From: 5 - 9 October 2025 Venue: Istanbul (Turkey) - DoubleTree by Hilton Istanbul Esentepe Training Course Fees: 5500 © Euro

Introduction

Training of Trainers TOT program provides you with deep insights into the art of training and facilitation of educational techniques as well as the know-how of developing an interactive course curriculum. Our TOT course will transform skill set, refining them to make a confident and competent professional trainer. Attendees will explore the psychology behind the learning mechanism of adults/mature learners and take a systematic approach to deliver training sessions that meet participants' needs.

Objectives:

- · Identifying the characteristics of an exceptional trainer
- · Conducting short group training sessions that incorporate key training concepts
- Developing an effective training styles such as Addie style, using appropriate training aids and techniques
- · Understanding the key principles of effective communication
- Explaining various methods for making lecture-based programs active
- Describing a needs analysis and why it is a necessary step in any training program
- Knowing how to write training objectives and evaluate it
- Developing a training program structure
- · Presenting information in a clear, concise, engaging manner

Target Audience:

- Trainers
- Managers
- Executives
- · Anyone who needs to sharpen his knowledge and skills in Train the Trainer
- Trainers from the ILO and other UN Agencies, as well as the EC and other development cooperation entities who serve on international development projects;
- Technical specialists and project staff who engage with constituents and other stakeholders;



- Facilitators who manage learning and change processes;
- Teachers and vocational education experts seeking to introduce innovation into their curricula so as to contribute to the flourishing of their learners' potential and creativity;
- Human Resources managers working for ministries, public agencies, enterprises and trade unions who need to improve their learning coordination and supervision;
- Union representatives who are responsible for human development.

Outlines:

Day 1

- Stages of interpersonal communication
- The training steps & stages
- Overhead projector demonstration
- · Essentials of effective training
- · Components of learning
- · Nurturing motivation and the incentive to learn
- · Principles of adult learning
- · Learning methods

Day 2

- The learning cycle
- The learning process
- The trainer's role
- Putting self in the position of the learner
- · Giving and receiving feedback
- · Motivation and creating positive attitudes toward learning
- Dealing with difficult situations
- · Identifying the audience



- Overview on ADDIE model of training
- The five stages of a development process: Analysis, Design, Development, Implementation, and Evaluation
- · Performing a needs analysis
- · Writing objectives
- Outlining the program
- Differences between training and presenting
- Training vs. showing the user

Day 4

- · Researching and writing the program
- Testing the program & managing questions and answers
- Questioning techniques
- · Clues and tips in questions
- Types of activities
- Sensory systems
- Identifying the learner's preferred sensory system

Day 5

- Psychology of adult learners and their learning mechanism
- Facilitating effective "uptake" and recall strategies in learning
- · Getting buy-in
- Using humor
- · Quick and easy games
- Troubleshooting games & Visual aids and presentation tips



Registration form on the Training Course: Train of Trainers Program TOT

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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