



*Training Course:
Performance Optimization for Project Teams*

*1 - 5 September 2025
London (UK)
Landmark Office Space - Portman Street*

Training Course: Performance Optimization for Project Teams

Training Course code: MA235753 From: 1 - 5 September 2025 Venue: London (UK) - Landmark Office Space - Portman Street Training Course Fees: 5500 € Euro

Introduction

In today's fast-paced business environment, high-performing project teams are essential for achieving organizational success, meeting deadlines, and driving efficiency. The Performance Optimization for Project Teams training program is designed to equip professionals with strategies to maximize team productivity, improve collaboration, and enhance overall team dynamics.

Through practical exercises, case studies, and interactive workshops, participants will develop the skills needed to boost team effectiveness, manage conflicts, enhance motivation, and ensure seamless project execution.

Course Objectives

By the end of this training, participants will be able to:

- Maximize team performance and productivity in projects.
- Strengthen team collaboration and engagement for better project outcomes.
- Implement effective communication strategies to align goals and expectations.
- Enhance problem-solving and decision-making within project teams.
- Develop strategies for conflict resolution and motivation.
- Improve time management and task prioritization.

Target Audience

This program is designed for professionals involved in project management, team leadership, and operations, including:

- Project Managers & Team Leaders seeking to improve team efficiency.
- Operations Managers responsible for optimizing workflow and team output.
- Project Team Members looking to enhance collaboration and performance.
- HR & Organizational Development Professionals supporting team productivity.
- Business Executives managing cross-functional project teams.

Training Program Outline

Day 1: Fundamentals of High-Performance Project Teams

- Characteristics of successful and high-performing project teams.

- Understanding team roles, strengths, and dynamics.
- Aligning project goals with team objectives.
- Identifying barriers to team performance and overcoming them.
- Workshop: Assessing team strengths and development areas.

Day 2: Effective Communication & Collaboration

- Building a culture of open communication and trust.
- Active listening and providing constructive feedback.
- Enhancing cross-functional collaboration in project teams.
- Using collaboration tools Slack, Microsoft Teams, Asana, Trello.
- Interactive session: Role-playing effective team communication.

Day 3: Problem-Solving & Decision-Making in Project Teams

- Critical thinking techniques for project problem-solving.
- Group decision-making strategies for effective team alignment.
- Handling team conflicts and difficult conversations professionally.
- Interactive Case Study: Solving a real-world project challenge.

Day 4: Motivation & Productivity Enhancement

- The psychology of team motivation and engagement.
- Time management and prioritization techniques for peak performance.
- Understanding team burnout and stress management strategies.
- Implementing agile methodologies for adaptive project execution.
- Group Exercise: Developing a customized team motivation strategy.

Day 5: Performance Metrics & Continuous Improvement

- Key performance indicators KPIs for project teams.
- Monitoring team effectiveness and improving weak areas.
- Developing a continuous learning and growth mindset within teams.
- Workshop: Creating a team performance improvement plan.
- Final discussion: Developing an action plan for sustainable success.

Registration form on the Training Course: Performance Optimization for Project Teams

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