



*Training Course:
Executive Coaching*

*3 - 7 November 2025
Cape Town (South Africa)
DoubleTree by Hilton Cape Town - Upper Eastside*

Training Course: Executive Coaching

Training Course code: LS234968 From: 3 - 7 November 2025 Venue: Cape Town (South Africa) - DoubleTree by Hilton Cape Town - Upper Eastside Training Course Fees: 5950 € Euro

Introduction

Executive coaching is a process designed to help executives enhance their skills, increase their productivity, and improve their performance. This training program is designed to provide executives with the tools and techniques they need to succeed in today's fast-paced and competitive business environment.

Objectives

Upon completion of this training program, participants will be able to:

- Understand the concept of executive coaching and its benefits
- Identify areas for improvement in their own performance as executives
- Develop a plan for enhancing their leadership and communication skills
- Implement strategies for achieving their goals and objectives
- Identify and overcome obstacles that may be holding them back from achieving success

Target Audience

This training program is designed for:

executives at all levels, including C-suite executives, senior managers, and team leaders. It is suitable for those who are looking to enhance their leadership and communication skills, improve their performance, and achieve their professional goals.

Outlines

Day 1:

Introduction to Executive Coaching

- What is executive coaching?
- Benefits of executive coaching
- Coaching versus mentoring

Day 2:

Self-Assessment and Goal Setting

- Identifying personal and professional goals
- Assessing strengths and weaknesses
- Developing a plan for improvement

Day 3:

Leadership and Communication Skills

- Effective communication
- Building and leading teams
- Managing conflict and difficult conversations

Day 4:

Overcoming Obstacles and Achieving Success

- Identifying and overcoming obstacles to success
- Strategies for achieving personal and professional goals
- Maintaining momentum and staying motivated

Day 5:

Coaching Practice and Feedback

- Practice coaching sessions
- Feedback and review
- Next steps and action planning

Registration form on the Training Course: Executive Coaching

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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Position:
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Payment Method

- ☐ Please find enclosed a cheque made payable to Global Horizon
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