



*Training Course:  
Professional Student Guidance and Guidance  
Specialists*

*18 - 22 May 2025*

*Cairo (Egypt)*

*Holiday Inn & Suites Cairo Maadi, an IHG Hotel*

## Training Course: Professional Student Guidance and Guidance Specialists

Training Course code: SC235390 From: 18 - 22 May 2025 Venue: Cairo (Egypt) - Holiday Inn & Suites Cairo Maadi, an IHG Hotel Training Course Fees: 3875 € Euro

### Introduction

The Five-Day Training Program for Professional Student Guidance and Guidance Specialists is designed to equip participants with comprehensive skills and knowledge essential for effectively supporting students in their academic, career, and personal development. This program combines theoretical foundations, practical applications, and emerging trends in student guidance and counseling, ensuring that participants are well-prepared to address the diverse needs of students. Through a blend of lectures, interactive sessions, role-playing, and case studies, this training aims to foster a holistic understanding of the guidance profession.

### Objectives

- Understand the Foundations of Student Guidance and Counseling:
  - Gain insights into the history, evolution, and ethical considerations of student counseling.
  - Learn about the roles and responsibilities of guidance specialists.
- Develop Core Counseling Skills and Techniques:
  - Master essential counseling skills such as active listening, empathy, and questioning techniques.
  - Learn individual and group counseling strategies, crisis intervention, and management.
- Enhance Academic and Career Guidance Competencies:
  - Acquire techniques for academic counseling and supporting students with learning disabilities.
  - Utilize career assessment tools and help students create and pursue career development plans.
- Promote Social and Emotional Development:
  - Understand adolescent development stages and their impact on learning and behavior.
  - Develop strategies to promote emotional well-being and manage stress and anxiety.
- Apply Practical Knowledge and Embrace Emerging Trends:
  - Integrate technology into counseling practices and understand its ethical implications.
  - Collaborate effectively with parents, teachers, and the community.
  - Stay updated on future trends and emerging issues in student guidance.

## Target Audience

This training program is designed for:

- Professional School Counselors and Guidance Specialists: Those currently working in schools or educational institutions who wish to enhance their skills and knowledge.
- Graduate Students in Counseling Programs: Individuals preparing for careers in student guidance and counseling.
- Educational Administrators and Teachers: Professionals who seek to better understand student counseling processes to support their students more effectively.
- Mental Health Professionals: Practitioners interested in specializing in student guidance and counseling within educational settings.
- Career Coaches and Academic Advisors: Individuals who provide career and academic support and wish to expand their expertise in guidance counseling.

## Outline

### Day 1: Foundations of Student Guidance and Counseling

- Introduction to Student Guidance and Counseling
  - History and Evolution of Student Counseling
  - Roles and Responsibilities of Guidance Specialists
- Ethical and Legal Considerations
  - Understanding Confidentiality and Privacy
  - Navigating Ethical Dilemmas
  - Relevant Laws and Policies
- Psychological Theories and Counseling Techniques
  - Overview of Major Psychological Theories e.g., Cognitive-Behavioral, Humanistic, Psychodynamic

### Day 2: Counseling Skills and Techniques

- Core Counseling Skills
  - Active Listening and Empathy
  - Questioning Techniques

- Building Rapport with Students
- Individual and Group Counseling Techniques
  - Strategies for One-on-One Counseling
  - Group Dynamics and Facilitation Skills
- Crisis Intervention and Management
  - Identifying Signs of Crisis
  - Immediate Response Strategies
  - Post-Crisis Support

### Day 3: Academic and Career Guidance

- Academic Counseling
  - Understanding Academic Development
  - Techniques for Improving Academic Performance
  - Addressing Learning Disabilities
- Career Counseling
  - Career Assessment Tools and Techniques
  - Helping Students Explore Career Options
  - Creating Career Development Plans
- Developing Academic and Career Plans
  - Setting SMART Goals
  - Monitoring and Adjusting Plans

### Day 4: Social and Emotional Development

- Understanding Adolescent Development
  - Physical, Emotional, and Social Development Stages
  - Impact of Development on Learning and Behavior
- Promoting Emotional Well-being

- Strategies for Building Resilience
- Techniques for Managing Stress and Anxiety
- Encouraging Healthy Relationships
- Working with Diverse Populations
  - Cultural Competency and Sensitivity
  - Addressing the Needs of Special Populations e.g., LGBTQ+, Students with Disabilities

#### Day 5: Practical Applications and Emerging Trends

- Integrating Technology in Counseling
  - Utilizing Digital Tools and Resources
  - Ethical Considerations in Online Counseling
- Collaborating with Parents, Teachers, and Community
  - Effective Communication Strategies
  - Building Partnerships for Student Success
- Professional Development and Self-Care
  - Importance of Continuous Learning
  - Strategies for Personal and Professional Self-Care
- Future Trends in Student Guidance
  - Emerging Issues in Student Counseling
  - Adapting to Changing Educational Environments

## Registration form on the Training Course: Professional Student Guidance and Guidance Specialists

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

### Delegate Information

Full Name (Mr / Ms / Dr / Eng): .....

Position: .....

Telephone / Mobile: .....

Personal E-Mail: .....

Official E-Mail: .....

### Company Information

Company Name: .....

Address: .....

City / Country: .....

### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....

Position: .....

Telephone / Mobile: .....

Personal E-Mail: .....

Official E-Mail: .....

### Payment Method

- Please find enclosed a cheque made payable to Global Horizon
- Please invoice me
- Please invoice my company

### Easy Ways To Register

Telephone:  
+201095004484 to  
provisionally reserve your  
place.

Fax your completed  
registration  
form to: +20233379764

E-mail to us :  
info@gh4t.com  
or training@gh4t.com

Complete & return the  
booking form with cheque  
to: Global Horizon  
3 Oudai street, Aldouki,  
Giza, Giza Governorate,  
Egypt.