



*Training Course:
Motivation for Continuous Growth*

*29 December 2025 - 2 January 2026
Cape Town (South Africa)
DoubleTree by Hilton Cape Town - Upper Eastside*

Training Course: Motivation for Continuous Growth

Training Course code: LS235026 From: 29 December 2025 - 2 January 2026 Venue: Cape Town (South Africa) - DoubleTree by Hilton Cape Town - Upper Eastside Training Course Fees: 5950 € Euro

Introduction:

- Welcome and introduction to the program
- Explanation of the importance of motivation for continuous growth
- Overview of the objectives and agenda for the training program

Objectives:

- To understand the benefits of continuous growth for personal and organizational success
- To identify and overcome common barriers to continuous growth
- To develop effective strategies for motivation and self-improvement
- To learn how to inspire and motivate others to achieve continuous growth
- To create a personal action plan for continuous growth

Target Audience:

- This training program is designed for managers at all levels who want to enhance their personal and professional growth and motivate their team members to do the same.

Outlines:

Day 1:

Understanding Continuous Growth

- What is continuous growth and why is it important?
- Common barriers to continuous growth and how to overcome them
- Setting SMART goals for personal and professional growth

Day 2:

Self-Motivation and Improvement

- The role of self-motivation in continuous growth
- Developing a growth mindset
- Techniques for self-improvement and skill development

Day 3:

Motivating Others for Continuous Growth

- Understanding the needs and motivations of others
- Creating a culture of continuous growth within your team or organization
- Providing effective feedback and coaching to team members

Day 4:

Leadership for Continuous Growth

- Leading by example: modeling continuous growth and improvement
- Creating a personal development plan for leadership growth
- Strategies for inspiring and motivating team members to achieve continuous growth

Day 5:

Action Planning for Continuous Growth

- Review of key concepts and learning points
- Developing a personal action plan for continuous growth
- Setting goals and accountability measures for continued progress

Registration form on the Training Course: Motivation for Continuous Growth

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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