



*Training Course:  
Essentials of Administration: Mastering the  
Fundamentals for Effective Office Management*

*30 November - 11 December 2025  
Manama (Bahrain)  
Fraser Suites*

## Training Course: Essentials of Administration: Mastering the Fundamentals for Effective Office Management

Training Course code: MA235597 From: 30 November - 11 December 2025 Venue: Manama (Bahrain) - Fraser Suites  
Training Course Fees: 7000 € Euro

### Introduction

Administration is the backbone of any successful organization, responsible for ensuring smooth operations, effective communication, and the efficient execution of daily tasks. This training program is designed to provide beginners and entry-level administrators with a comprehensive understanding of the essential skills needed to manage administrative functions effectively. Participants will gain insights into office management, organizational skills, communication, and time management, all of which are critical for running a well-organized and productive workplace.

The program emphasizes practical applications, with participants engaging in case studies, role-playing scenarios, and hands-on exercises that mirror real-life administrative challenges. They will learn to manage tasks efficiently, prioritize workloads, and provide excellent support to teams and departments. Whether working in a corporate office, a small business, or a non-profit organization, the skills acquired in this course will empower participants to excel in administrative roles.

### Target Audience

- Entry-level administrative assistants and office managers
- Individuals transitioning into administrative roles
- Junior office staff looking to enhance their skills
- Recent graduates interested in administration
- Administrative support staff who wish to improve their performance

### Objectives

By the end of this program, participants will be able to:

1. Understand the core responsibilities of administrative roles in various organizations.
2. Develop effective communication and organizational skills.
3. Manage time, schedules, and workloads efficiently.
4. Apply office management techniques to enhance productivity.
5. Understand the importance of record-keeping and document management.
6. Use modern technology and tools to streamline administrative tasks.

7. Assist in the coordination of meetings, events, and projects.
8. Demonstrate professional behavior and ethics in the workplace.
9. Handle administrative challenges with confidence and professionalism.
10. Provide high-quality support to colleagues and managers.

## Outlines

### Day 1:

#### Introduction to Office Administration

- Overview of administration and its role in an organization
- Key responsibilities of an administrative assistant/office manager
- Understanding organizational structures
- Introduction to office policies and procedures

### Day 2:

#### Effective Communication Skills

- Importance of communication in administration
- Verbal and non-verbal communication techniques
- Writing professional emails and reports
- Handling phone calls and inquiries professionally
- Active listening and its role in administration

### Day 3:

#### Time Management and Prioritization

- Time management techniques for administrators
- Prioritizing tasks and managing workloads effectively
- Tools for scheduling and tracking tasks calendars, planners, and apps
- Delegating tasks when necessary

Day 4:

Office Organization and File Management

- Best practices for office organization
- Creating and maintaining filing systems physical and digital
- Document management and archiving
- Ensuring confidentiality and data protection

Day 5: Technology and Tools for Administration

- Overview of essential office software Word, Excel, PowerPoint, etc.
- Managing emails, calendars, and databases
- Using collaboration tools Microsoft Teams, Google Workspace, etc.
- Introduction to cloud storage and document sharing platforms

Day 6:

Event and Meeting Coordination

- Planning and organizing meetings and events
- Preparing meeting agendas, minutes, and follow-up tasks
- Managing logistics for office events room booking, catering, etc.
- Handling multiple events and meetings simultaneously

Day 7:

Problem-Solving and Decision-Making in Administration

- Common administrative challenges and how to solve them
- Developing critical thinking and problem-solving skills
- Decision-making techniques for administrators
- Case studies of problem-solving in an office environment

Day 8:

### Professionalism and Workplace Etiquette

- Understanding professionalism in administration
- Adopting ethical behavior and practices
- Building positive relationships with colleagues and clients
- Managing stress and maintaining a positive attitude

### Day 9:

#### Project Coordination and Support

- Supporting teams and managers in project coordination
- Tracking project progress and deadlines
- Communicating project updates to stakeholders
- Tools for project management Trello, Asana, etc.

### Day 10:

#### Final Review and Practical Application

- Review of key concepts and tools learned throughout the course
- Group exercises: role-playing common administrative tasks
- Case study: handling administrative challenges in a real-world scenario
- Feedback session and reflections on the learning experience

## Registration form on the Training Course: Essentials of Administration: Mastering the Fundamentals for Effective Office Management

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

### Delegate Information

Full Name (Mr / Ms / Dr / Eng): .....  
Position: .....  
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### Company Information

Company Name: .....  
Address: .....  
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### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....  
Position: .....  
Telephone / Mobile: .....  
Personal E-Mail: .....  
Official E-Mail: .....

### Payment Method

- ☐ Please find enclosed a cheque made payable to Global Horizon
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