



*Training Course:  
Respiratory fit testing for trainers*

*21 - 25 December 2025*

*Cairo (Egypt)*

*Holiday Inn & Suites Cairo Maadi, an IHG Hotel*

## Training Course: Respiratory fit testing for trainers

Training Course code: HE234685 From: 21 - 25 December 2025 Venue: Cairo (Egypt) - Holiday Inn & Suites Cairo Maadi, an IHG Hotel Training Course Fees: 3875 € Euro

### Introduction

Current standards dictate that any person required to use a full face respirator must be fit tested by a qualified tester. After completing this course, you will be able to perform qualitative and quantitative respirator fit tests. If the people in your workplace are required to wear a respirator, then you have a respiratory health risk and being able to perform fit tests will greatly improve your workplace's health and safety.

### Course Objectives of Respiratory fit testing for trainers

By the end of this course, participants will be able to conduct fit testing for one or both methods Quantitative and Qualitative and provide instruction and training to in-house employees on the following topics:

- Identify specific Roles and Responsibilities within a respiratory protection program
- Explain the process of hazard assessment for biological and chemical situations
- Understand respiratory hazards
- Identify different Types of Respirators and limitations of use
- Select the Appropriate Respirator
- Identify different Fit Testing methods and conduct fit testing using them hands on
- Explain end of service life and replacement times
- Explain, maintenance and storage requirements

### Course Benefits of Respiratory fit testing for trainers

- Gain a solid foundation of the fundamentals & requirements for effective

respiratory protection and fit testing

- Review types of commonly used tight-fitting respirators
- Review respiratory pre-use requirements and comfort validation
- Learn the most commonly used Qualitative and Quantitative fit test methods
- Understand the methods for conducting fit tests and associated critical procedures
- Learn verification techniques for the competency of respirator users
- Obtain valuable guidance on how fit testing workspaces, equipment and activities are organized

### **Course Outlines of Respiratory fit testing for trainers**

- Overview of the components of the Qualitative Fit Testing kit
- Explanation on how to prepare equipment
- An understanding of the Fit Testing requirements to the CSA Z94.4
- Clarification of basic Fit Testing terminology
- Fit Testing procedures
- Demonstration of the steps to follow for qualitative fit testing
- Hands on practice of fit testing procedures one on one
- Review of legislation rules and regulations
- CSA Standards review
- Pre-donning safety checks
- Complete instruction on how to properly don and doff a respirator
- Proper cleaning and storage of respirators
- Quantitative Method
- Qualitative Method
- Medical Monitoring
- Safety Programs

## Registration form on the Training Course: Respiratory fit testing for trainers

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

### Delegate Information

Full Name (Mr / Ms / Dr / Eng): .....  
Position: .....  
Telephone / Mobile: .....  
Personal E-Mail: .....  
Official E-Mail: .....

### Company Information

Company Name: .....  
Address: .....  
City / Country: .....

### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....  
Position: .....  
Telephone / Mobile: .....  
Personal E-Mail: .....  
Official E-Mail: .....

### Payment Method

- ☐ Please find enclosed a cheque made payable to Global Horizon
- ☐ Please invoice me
- ☐ Please invoice my company

### Easy Ways To Register

Telephone:  
+201095004484 to  
provisionally reserve your  
place.

Fax your completed  
registration  
form to: +20233379764

E-mail to us :  
info@gh4t.com  
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Complete & return the  
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to: Global Horizon  
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