



*Training Course:  
Level 4 Award in Health & Safety in the  
Workplace*

*12 - 16 October 2025  
Manama (Bahrain)  
Fraser Suites*

## Training Course: Level 4 Award in Health & Safety in the Workplace

Training Course code: HE7003 From: 12 - 16 October 2025 Venue: Manama (Bahrain) - Fraser Suites Training Course  
Fees: 4900 € Euro

### Introduction

The CIEH Level 4 Award in Health and Safety in the Workplace equips managers and supervisors with the knowledge to enhance workplace safety while reducing costs and improving profits. Beyond technology and procedures, effective safety management requires understanding risks that lead to losses. This course covers safety legislation, management systems, safety culture, hazardous agents, and workplace equipment hazards to ensure continuous safety performance improvement.

### Objectives

- Be able to advise on aspects of the management of health and safety in the workplace
- Determine health and safety training requirements
- Identify areas where specific legal requirements apply
- Determine good health and safety practice
- Identify areas for improvement through a risk assessment approach

### Process

This is an intensive five-day seminar. It is an active program that requires group exercises and discussions with a mixture of speaker input to facilitated discussions and an emphasis on delegate involvement at all times. Optional but necessary to gain certification by CIEH is the passing of an exam on the 6th day.

### Benefits

- An Internationally recognized certificate
- Confidence in dealing with Safety issues
- Knowledge of Safety Management systems
- Understand the factors that influence Safety Culture
- Be able to minimize risk from the use of machinery

### Results

- The employees will gain competence in Safety

- The qualification will satisfy the legislation
- Accidents will be reduced
- Positive action by trained personnel will increase efficiency
- The delegates will be able to deliver Level 1 & 2 CIEH Safety Training

## Core Competencies

- Health and Safety Management Systems
- Safety Legislation
- Health and Safety Culture
- Work Equipment Hazards and Control
- Hazardous Agents control

## Outlines

### Day 1: Legislation

- Introduction
- Duties and Responsibilities
- Safety Law in the UK and EU
- The role & powers of enforcing agencies
- Consequences of non-compliance with the law
- Question time

### Day 2: Health and Safety Management

- Elements of a Safety Management system
- Health and Safety Policy
- Health and Safety Policy
- Safe Systems of Work
- Inspections and Audits

- Question time

### Day 3: Safety Management and Culture

- Accidents and Incidents
- What is Safety Culture?
- Developing a positive Safety Culture
- Communication
- Safety Committees
- Question time

### Day: Workplace and Work Equipment

- Welfare arrangements
- First Aid
- Minimizing hazards of work equipment
- Electrical Safety
- Emergency arrangements
- Question time

### Day 5: Hazardous Agents

- Occupational Health
- Chemical hazards control
- Physical Hazards - Noise, Vibration, Radiation, Manual Handling
- Psychological hazards - Stress
- Question time
- Course Evaluation and Summary

## Registration form on the Training Course: Level 4 Award in Health & Safety in the Workplace

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

### Delegate Information

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Company Information

Company Name: .....  
 Address: .....  
 City / Country: .....

### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....  
 Position: .....  
 Telephone / Mobile: .....  
 Personal E-Mail: .....  
 Official E-Mail: .....

### Payment Method

- Please find enclosed a cheque made payable to Global Horizon
- Please invoice me
- Please invoice my company

### Easy Ways To Register

Telephone:  
+201095004484 to  
provisionally reserve your  
place.

Fax your completed  
registration  
form to: +20233379764

E-mail to us :  
info@gh4t.com  
or training@gh4t.com

Complete & return the  
booking form with cheque  
to: Global Horizon  
3 Oudai street, Aldouki,  
Giza, Giza Governorate,  
Egypt.