



*Training Course:  
Heating, Ventilation & Conditioning (HVAC)*

*2 - 6 November 2025  
Istanbul (Turkey)  
DoubleTree by Hilton Istanbul Esentepe*

## Training Course: Heating, Ventilation & Conditioning (HVAC)

Training Course code: HE234676 From: 2 - 6 November 2025 Venue: Istanbul (Turkey) - DoubleTree by Hilton Istanbul Esentepe Training Course Fees: 6000 € Euro

### Introduction

HVAC is a method for providing comfort in both indoor and outdoor environments in vehicles. High indoor air quality and thermal comfort are the goals of the technique. Mechanical, forced, and natural ventilation are a few types of ventilation systems that can be used to ventilate a building and maintain an ideal temperature throughout the day and at night.

Nowadays, HVAC systems can be found everywhere, in both household and business settings. HVAC systems provide pressure regulation and ventilation for vacuum spaces. Room air distribution is a technique for removing air from areas and providing air.

### Objectives

- Provide a deep understanding of real-world solutions and have been tailored with simple yet realistic modules for effective and holistic implementation.
- Equip the learner with all the fundamentals of AC systems and design
- Use of testing equipment, and the principles of mechanics, electricity, and electronics.
- Enabling the learners to start with a great professional career in this field.

### Outlines

#### Day 1

#### First Cost, Energy Efficiency / O&M Cost

- Maintainability. Reliability. Redundancy. Flexibility
- Change in Occupancy
- Partial Controllability
- Temperature
- Humidity
- Pressurization
- Air Quality
- Infection Control

## Day 2

### The Selection of HVAC Systems

- Packaged Air Handling Units, Direct Expansion
- Chilled Water, Local Special Systems
- Medical Equipment, Computer Rooms
- Terminal Units, Unitary or Served by a Central Plant
- Fan Coil Units, Incremental Units
- Heat Pumps
- Induction Traditional Hospital HVAC Systems Decentralized Systems

### Packaged Terminal Air Conditioner filter

- Water-Source Heat Pump
- Fan-Coil Unit cooling coil supply fan return-air inlet supply-air outlet filter
- Fan Coil Systems 4 pipe 2 pipe Central ventilation unit
- Induction Units 4 pipe 2 pipe Central ventilation unit
- Air-Cooled Chiller, Fan-Coil System
- Small Chilled-Water System

## Day 3

### Traditional HVAC Systems

- All Air Systems
- Central Heating
- Central Cooling
- Single Zone
- Multiple Zones & Constant Volume cooling
- Multiple Zones & Variable Volume

## HVAC Filtration

- Primary panel filter Secondary filter HEPA or tertiary filter
- Sources of Chilled Water
- Cooling Sources Chiller Plant
- Constant or Variable Flow-Primary-Flow Systems bypass two-way valve variable-flow pumps control valve check valves optional bypass with three-way valve
- Primary-Secondary Configuration production pumps
- Variable-Speed Drives
- Boiler Plant Steam vs. Hot Water Fire tube vs. water tube Full size vs. Modular Hot Water

## Day 4

### LEED for HealthCare

- Energy Conservation is a significant part
- Establish ASHRAE 90.1 for base performance
- LEED forces early consideration of all measures
- Energy modeling required
- ASHRAE Standard 189.2P
- Non-All Air Systems
- Ventilation- Energy Recovery
- High-Performance Healthcare Facilities

### Guidelines for Construction

- Building Envelope Improvements
- Reduce Building Volume Height
- Reduce Fan Horsepower's
- BIM as a resource
- Requires less external static pressure
- Dedicated ventilation air systems

- Heat Recovery Chillers
- Using the rejected condenser heat

## Day 5

### Chiller, Heat Recovery, Solar, Hydronic

- PV Strategies to Reduce Energy Consumption
- Heat Pumps Heat Recovery, Laundry, Data Centers, Ground Source Heat Pumps, Cogeneration
- Trigeration Strategies to Reduce Energy Consumption Continued
- Ground-Source Heat-Pump System geothermal heat exchanger heat pump pumps
- Reducing building height and horizontal duct lengths
- Non-All Air Alternatives
- Fan Coil Units
- Chilled Beams
- Positive Displacement Ventilation
- Hybrid VAV Systems
- Active Chilled Beams in Cooling and Heating Mode
- Passive Chilled Beams
- Active Chilled Beams
- Displacement Ventilation

## Registration form on the Training Course: Heating, Ventilation & Conditioning (HVAC)

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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### Payment Method

- Please find enclosed a cheque made payable to Global Horizon
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