



# Training Course: Leadership & Management Skills

14 - 18 July 2025 Barcelona (Spain) Grupotel Gran Via 678



# Training Course: Leadership & Management Skills

Training Course code: LS235437 From: 14 - 18 July 2025 Venue: Barcelona (Spain) - Grupotel Gran Via 678 Training Course Fees: 5500 © Euro

#### Introduction

In today's fast-paced and ever-evolving business landscape, effective leadership and management are crucial for the success of any organization. This 5-day training program is designed to equip participants with the essential skills and knowledge required to lead and manage teams effectively. Through a combination of theoretical insights and practical exercises, attendees will gain a deeper understanding of leadership and management principles, enhance their communication and team-building capabilities, and develop strategic thinking and planning skills. This program aims to foster a culture of continuous improvement and personal development, empowering participants to drive positive change within their organizations.

### **Objectives**

- Enhance Understanding of Leadership and Management:
  - 1. Distinguish between leadership and management roles.
  - 2. Identify various leadership styles and their impact on team dynamics.
  - 3. Understand the core functions of effective management.
- Improve Communication and Team-Building Skills:
  - 1. Master verbal, non-verbal, and written communication techniques.
  - 2. Build and lead high-performing teams through effective collaboration and trust.
  - 3. Develop conflict resolution strategies and decision-making skills.
- Develop Strategic Thinking and Planning Abilities:
  - 1. Foster a strategic mindset for analyzing internal and external environments.
  - 2. Craft clear and compelling vision and mission statements.
  - 3. Utilize strategic planning tools and frameworks to set and achieve organizational goals.
- Motivate and Develop Team Members:
  - 1. Apply motivation theories to enhance employee engagement and performance.
  - 2. Implement effective coaching and mentoring practices.
  - 3. Conduct performance appraisals and provide constructive feedback.



- Promote Personal Development and Work-Life Balance:
  - 1. Conduct self-assessments to identify strengths and areas for improvement.
  - 2. Develop time management and productivity techniques.
  - 3. Implement stress management strategies to maintain a healthy work-life balance.

## **Target Audience**

#### This training program is ideal for:

- New and Aspiring Leaders: Individuals who are new to leadership roles or aspiring to take on leadership positions within their organizations.
- Middle Managers: Managers looking to enhance their leadership and management skills to effectively lead their teams and drive organizational success.
- Senior Leaders: Experienced leaders seeking to refresh and update their knowledge of leadership and management practices.
- HR Professionals: Human resources professionals responsible for developing and implementing leadership and management training programs within their organizations.
- Anyone Interested in Leadership and Management: Individuals from any field or industry who wish to improve their leadership and management capabilities for personal or professional growth.

#### **Outline**

#### Day 1:

#### Understanding Leadership and Management:

- Welcome and Objectives Overview
- Key Differences Between Leadership and Management
  - · Definitions and core functions
  - Case studies and examples
- · Leadership Styles and Their Impact
  - Autocratic, democratic, transformational, transactional, etc.
  - Self-assessment: Identify your style



- Effective Management Practices
  - · Planning, organizing, leading, and controlling
- Role of Emotional Intelligence in Leadership
  - o Self-awareness, self-regulation, motivation, empathy, and social skills

#### Day 2:

#### Communication and Team Building:

- Importance of Effective Communication
  - Verbal, non-verbal, and written communication
  - · Active listening and feedback
- Building and Leading High-Performing Teams
  - Team roles and dynamics
  - · Techniques for fostering collaboration and trust
- Conflict Resolution Strategies
  - · Identifying sources of conflict
  - Techniques for managing and resolving conflicts
- Decision-Making and Problem-Solving Skills
  - o Decision-making models and tools
  - Creative problem-solving techniques

#### Day 3:

#### Strategic Thinking and Planning:

- Introduction to Strategic Thinking
  - Importance of a strategic mindset
  - · Analyzing internal and external environments
- Vision and Mission Development
  - Crafting clear and compelling vision and mission statements



- Setting Goals and Objectives
  - o SMART goals Specific, Measurable, Achievable, Relevant, Time-bound
- Strategic Planning Process
  - SWOT analysis Strengths, Weaknesses, Opportunities, Threats
  - Developing action plans and monitoring progress
- Change Management
  - Understanding the need for change
  - Models and frameworks for effective change management

#### Day 4:

#### Motivating and Developing Others:

- Understanding Motivation Theories
  - Maslow's Hierarchy of Needs, Herzberg's Two-Factor Theory, etc.
- Techniques for Motivating Employees
  - · Intrinsic vs. extrinsic motivation
  - Recognition and rewards systems
- Coaching and Mentoring Skills
  - Difference between coaching and mentoring
  - Effective coaching techniques
- Performance Management
  - Setting expectations and providing feedback
  - Conducting performance appraisals

#### Day 5:

#### Personal Development and Action Planning:

Self-Assessment and Personal Development

· Reflecting on strengths and areas for improvement



- Creating a personal development plan
- Time Management and Productivity
  - Prioritizing tasks and managing time effectively
  - Techniques for improving productivity
- Stress Management and Work-Life Balance
  - · Identifying sources of stress
  - o Strategies for maintaining a healthy work-life balance
- Developing an Action Plan
  - Setting short-term and long-term goals
  - · Identifying resources and support needed
- Program Review and Next Steps
  - · Recap of key learnings
  - Feedback and evaluation of the training program
  - o Creating a follow-up plan for continued development



## Registration form on the Training Course: Leadership & Management Skills

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Euro

Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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