



*Training Course:  
Basic Life Support For Marines*

*14 - 18 September 2025*

*Cairo (Egypt)*

*Holiday Inn & Suites Cairo Maadi, an IHG Hotel*

## Training Course: Basic Life Support For Marines

Training Course code: HE235648 From: 14 - 18 September 2025 Venue: Cairo (Egypt) - Holiday Inn & Suites Cairo Maadi, an IHG Hotel Training Course Fees: 3875 € Euro

### Introduction

The Basic Life Support BLS for Marines training program is developed by Global Horizon Training Center to equip marines with essential theoretical knowledge to respond effectively to medical emergencies. This course covers key concepts for maintaining airway, breathing, and circulation ABCs in emergency situations, ensuring participants are well-prepared to understand and support emergency procedures in marine environments.

### Objectives

- Understand the basic principles of life support and first response in a marine context.
- Recognize life-threatening conditions and their initial assessments.
- Comprehend the theoretical aspects of CPR and the use of automated external defibrillators AED.
- Identify procedures for managing choking incidents and severe bleeding.
- Familiarize themselves with marine-specific emergency response guidelines.

### Course Methodology

- Interactive Lectures: Comprehensive discussions covering theoretical foundations.
- Case Studies: Real-world examples of emergency scenarios.
- Group Discussions: Analyzing situations and problem-solving approaches.
- Review Sessions: Summarizing and reinforcing key knowledge points.

### Organizational Impact

- Enhanced safety awareness and preparedness among marine personnel.
- Strong foundational knowledge for decision-making during emergencies.
- Increased compliance with marine health and safety regulations.
- Confidence in the crew's knowledge of emergency response protocols.

### Target Audience

- Marines and naval personnel.
- Ship crew members and safety officers.
- First responders and emergency support teams aboard vessels.
- Individuals tasked with marine safety and response operations.

## Course Outline

### Day 1: Fundamentals of Basic Life Support

- Introduction to BLS: Definitions and significance.
- Recognizing life-threatening conditions.
- Overview of the ABCs of life support.
- Theoretical analysis of initial assessments.

### Day 2: Cardiopulmonary Resuscitation CPR Theory

- The principles of CPR and how it sustains life.
- Understanding the chain of survival in marine emergencies.
- Detailed steps of performing CPR in theory.
- Introduction to AED and its functionality.

### Day 3: Airway Management Techniques

- Theoretical approach to managing partial and complete airway obstructions.
- Response procedures for choking incidents.
- Review of techniques like back blows and chest thrusts without practical application.
- Discussions on case studies related to airway emergencies.

### Day 4: Emergency Response to Bleeding and Shock

- Theoretical understanding of severe bleeding control and shock management.
- Key steps for emergency wound care and immobilization.
- Overview of treating fractures and head injuries.

- Group discussions on potential scenarios and their responses.

#### Day 5: Emergency Preparedness in Marine Settings

- Adapting BLS knowledge to real-life marine conditions.
- Overview of maritime safety protocols and regulations.
- Case studies focusing on marine-specific emergencies.
- Final review and knowledge assessment.

## Registration form on the Training Course: Basic Life Support For Marines

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

### Delegate Information

Full Name (Mr / Ms / Dr / Eng): .....

Position: .....

Telephone / Mobile: .....

Personal E-Mail: .....

Official E-Mail: .....

### Company Information

Company Name: .....

Address: .....

City / Country: .....

### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....

Position: .....

Telephone / Mobile: .....

Personal E-Mail: .....

Official E-Mail: .....

### Payment Method

- Please find enclosed a cheque made payable to Global Horizon
- Please invoice me
- Please invoice my company

### Easy Ways To Register

Telephone:  
+201095004484 to  
provisionally reserve your  
place.

Fax your completed  
registration  
form to: +20233379764

E-mail to us :  
info@gh4t.com  
or training@gh4t.com

Complete & return the  
booking form with cheque  
to: Global Horizon  
3 Oudai street, Aldouki,  
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