



# Training Course: Leadership Development: Self-Awareness, Skills and Strategies

30 June - 4 July 2025 Kigali (Rwanda)



# Training Course: Leadership Development: Self-Awareness, Skills and Strategies

Training Course code: LS1104 From: 30 June - 4 July 2025 Venue: Kigali (Rwanda) - Training Course Fees: 5950 🛘 Euro

#### Introduction

The best leaders thoroughly understand themselves. Time and time again, research has shown that self-awareness and self-direction are two essential factors in leadership effectiveness. As leaders gain a better sense of themselves and a clearer plan to self-actualization, they also:

- · Understand leadership in a brand new way
- Discover the <code>linnerl</code> leader as a source of growth
- Tap into your amazing hidden personal power
- Take team development to new levels of achievement
- · Learn to lead through excellent communication skills

## **Objectives**

#### In this program you will learn to:

- View leadership from a new and higher-level perspective
- · Discover and analyze your leadership style and tendencies
- · Grow in personal power and effectiveness
- · Discover and build upon your intrinsic leadership qualities
- Understand, develop and employ the emotional forces within you
- Develop the critical interpersonal skills essential for leading others

# Methodology

The instruction of this dynamic seminar will consist of content lectures, video dramatizations, assessments, engaging class discussions, and many exercises to make the learning come alive. Because Leadership Development: Self-Awareness, Skills and Strategies is so extensive in scope, the seminar will be delegate-centered and need-driven. The actual extent and time allocated to each topic will be determined by initial and daily observations of their relevance to the delegate's day-to-day work requirements.

# Organizational Impact



#### Leaders with high self-awareness and emotional competence:

- Have the ability to understand and relate to people in the organization
- Avoid many of the difficult people and HR problems that plaques many organizations
- Possess skills that are now considered to have a greater impact on organizational performance than traditional measures of intelligence such as IQ
- Promote increased employee cooperation, increased motivation increased productivity, and increased profits

## Personal Impact

#### This course teaches the competencies that enable leaders to:

- Accelerate their career development
- Understand themselves and their potential more clearly
- · Recognize their own emotions as well as the emotions of others
- · Resolve conflict more effectively
- Improve their ability to communicate, influence and work with others

#### **Outlines**

#### DAY 1

#### Master Keys of Effective Leadership

- The principles of leadership
- The mind of the leader
- The heart of the leader
- The practices of effective leaders
- The five roles leaders play
- · Leadership self-assessment
- · Rebalance your leadership style for optimal results

DAY 2



#### **Towards Emotional Self-Awareness**

- Growing your personal power
- · Achieving emotional excellence
- Self-leadership through inner mastery
- Success through a positive attitude
- · Your time and your life
- Increasing personal productivity
- Direction through personal Integrity
- Designing a strategic plan for your life and career

#### DAY 3

#### Mastering People Skills

- Understanding Interdependence
- Wining through effective communication
- The active listening model
- The four styles of communication
- · Dealing with conflict constructively
- Using the principles of influence & persuasion
- Speaking and presenting skillfully
- The art of win-win negotiation

#### DAY 4

#### **Building and Leading Extraordinary Teams**

- How a high performing team differs from a traditional workgroup
- The three elements of high-performance teams
- · Understanding the four types of teams
- The stages of team development



- Team dynamics: How teams really work
- Understanding and optimizing team member styles
- Leading through trust
- Leading through change

#### DAY 5

#### Performance Management

- Igniting team creativity
- The art of practical coaching
- Conducting effective performance discussions
- Positive discipline through expectations
- Delegating and empowering the right way
- The situational leadership model
- How to analyze development needs
- Using effective tools for managing performance



# Registration form on the Training Course: Leadership Development: Self-Awareness, Skills and Strategies

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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