



*Training Course:  
STCW Elementary First Aid*

*3 - 7 August 2025*

*Cairo (Egypt)*

*Holiday Inn & Suites Cairo Maadi, an IHG Hotel*

## Training Course: STCW Elementary First Aid

Training Course code: MM235253 From: 3 - 7 August 2025 Venue: Cairo (Egypt) - Holiday Inn & Suites Cairo Maadi, an IHG Hotel Training Course Fees: 4200 € Euro

### Introduction:

Welcome to the STCW Elementary First Aid training program designed by Global Horizon Training Center. This program is aimed at providing essential first aid skills to maritime professionals in accordance with the International Maritime Organization's IMO Standards of Training, Certification, and Watchkeeping STCW Code.

### Objectives:

- To equip participants with the knowledge and skills required to provide immediate and basic first aid in maritime emergencies.
- To ensure participants understand and can apply first aid techniques in accordance with STCW regulations.
- To enhance participants' ability to respond effectively to medical emergencies on board.

### Methodology:

The training program will utilize a combination of theoretical sessions, practical demonstrations, and hands-on exercises. Interactive discussions, case studies, and simulated scenarios will be employed to reinforce learning. Participants will have access to training materials and resources to support their understanding of first aid principles.

### Target Audience:

This training program is designed for maritime professionals, including but not limited to:

- Seafarers
- Ship officers
- Crew members
- Maritime safety personnel

### Outlines:

#### Day 1: Introduction to First Aid

- Overview of STCW Elementary First Aid requirements
- Importance of first aid in maritime settings

- Basic anatomy and physiology
- Legal and ethical considerations in first aid

#### Day 2: Assessment and Communication

- Scene assessment and personal safety
- Emergency communication procedures
- Primary and secondary surveys
- Basic life support techniques

#### Day 3: Common Medical Emergencies

- Recognition and management of common illnesses and injuries
- Cardiovascular emergencies
- Respiratory emergencies
- Traumatic injuries

#### Day 4: Practical Skills Workshop

- Hands-on practice of first aid techniques
- Use of first aid equipment on board
- Simulation of emergency scenarios
- Group exercises and role-playing

#### Day 5: Final Assessments and Certification

- Written examination on first aid principles
- Practical assessments of first aid skills
- Review of key concepts

## Registration form on the Training Course: STCW Elementary First Aid

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

### Delegate Information

Full Name (Mr / Ms / Dr / Eng): .....  
Position: .....  
Telephone / Mobile: .....  
Personal E-Mail: .....  
Official E-Mail: .....

### Company Information

Company Name: .....  
Address: .....  
City / Country: .....

### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....  
Position: .....  
Telephone / Mobile: .....  
Personal E-Mail: .....  
Official E-Mail: .....

### Payment Method

- ☐ Please find enclosed a cheque made payable to Global Horizon
- ☐ Please invoice me
- ☐ Please invoice my company

### Easy Ways To Register

Telephone:  
+201095004484 to  
provisionally reserve your  
place.

Fax your completed  
registration  
form to: +20233379764

E-mail to us :  
info@gh4t.com  
or training@gh4t.com

Complete & return the  
booking form with cheque  
to: Global Horizon  
3 Oudai street, Aldouki,  
Giza, Giza Governorate,  
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