



# Training Course: Practical Tools for Effective Leadership & Developing Talents

6 - 10 October 2025 Lisbon (Portugal)



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Training Course code: LS1111 From: 6 - 10 October 2025 Venue: Lisbon (Portugal) - Training Course Fees: 5750 🛘 Euro

#### Introduction

We often hear record-breaking athletes say; I owe it to my coach; That secause however talented they are, athletes need a coach to improve their performance and competitiveness. Likewise, Companies and Organisations need to create a culture where coaching and feedback occur as a routine part of each day. Towards this strategic end.

- This innovative and motivating course, explains a structured approach to coaching which is effective whether a professional is working with a recruit or seeking improvement from an experienced player.
- Being less of a boss and more of a coach is fundamental to modern management.
- Urging people to do better won It work unless they know how to do it better.
- Good coaching builds trust and a developmental climate between professionals and the team.
- The process involves breaking tasks down to their parts, helping people to improve performance in each element and enabling them to pull these elements together to achieve the desired effect.

# **Objectives**

Effective leadership needs to understand that:

- · Coaching and equipping, is one of the most important acts of leadership.
- Successful managers recognize that to get things done cost-effectively they must <code>@grow@people</code> to their full potential.
- Outstanding performance must be drawn from every member of the team.
- This requires clear direction, feedback, and personal empowerment.

# Objective

Accurately assesses employees' strengths and development needs; provides feedback, coaching, and opportunities to develop.

- · Offers useful coaching or suggestions on how to improve.
- Actively helps others grow and develop e.g., creates and monitors development plans; identifies training and development.



- Provides constructive feedback specific, timely, accurate.
- Demonstrates an understanding of staff<sup>®</sup>s specific strengths and development needs; helps identify developmental priorities.
- Provides support and encouragement to others when they make mistakes or take developmental risks.

## Methodology

The Course will be presented in a highly interactive manner, with a very impactive computer presentation style.

Together with your fellow participants, you will bring a wide variety of experience and resources for the program. The course facilitator or role is to help you learn for yourself and to assist you as you make sense of new ideas and techniques that you can use at work. We learn things as we try them out, stepping out of the zones that we find comfortable. Joining in role-plays and having a go may feel awkward but is often the best way to find out how we are doing with our learning. You will have plenty of opportunities during the workshop to experiment and try out new skills and understanding. The course facilitator will give you some input and then help you to make sense of the models through some discussion and then practice. You of the decide actions to apply the learning to your workplace.

## **Target Audience**

Managers, business professionals, and individuals who have decided to master the tools and tactics of adaptive leadership in a world where change has become the only constant.

# **Target Competencies**

- Adaptive leadership
- · Envisioning and initiating
- · Influencing and motivating
- · Decision-making
- · Strategic thinking
- · Leveraging diversity
- Capacity-building
- · Emotional understanding

# Organizational Impact of Effective Leadership & Developing Talents

• This workshop will offer clarity to each participant on how to consciously influence themselves and others to



create productive behaviors that lead to optimal personal impact.

- Optimize your organization personal productivity and personal enjoyment. Promote enhanced job productivity, job satisfaction, and pride
- · Decide actions to apply the learning to your workplace
- How to set the scene and prepare for coaching
- How to be supportive and approachable

# Personal Impact

Delegates will learn:

- · Why coaching and motivation is so important
- What 21st. Century Leadership requires
- When to give advice and when to be natural
- · How to motivate yourself and other Staff
- · How to coach top performers
- · How to equip others with peak performance skills and develop pro-action plans

### Outline

DAY 1

Strategic Equipping For Leadership

- Changing the Manager®s roles
- What is real Leadership?
- How to equip Leaders for excellence
- The pursuit of excellence
- Developing key management competencies to create excellence
- 12 Ways to Develop your Staff potential and talent
- The Manager as a Change agent
- The need for peak performance



- Activators, Behaviours, and consequences
- Benefits for the organization, manager, and performer

#### DAY 2

The Manager as a Coach and Mentor

- · What is coaching?
- · Why is coaching so important?
- Making the transition from Manager to Coach
- · Qualities and attributes of a good Coach
- Develop the Coaching Model
- What does coaching achieve?
- Deciding When and How to coach
- Select the appropriate coaching style
- · Arranging a coaching session
- Use the <code>GROW</code> model
- Measuring and observing performance
- How to appraise a person1s performance
- The link with feedback motivation

#### DAY 3

The Coaching / Motivation Process and Skills

- Influencing the readiness to change
- The importance of handling change
- · Gaining a personal commitment to change
- Raising their effectiveness through questioning
- Motivation as a lever
- Setting action-orientated performance goals



- End goals, performance goals, and process goals
- Working your goal setting strategy
- · Developing efficient Time management
- Learn to prioritize your time
- The importance of essential Listening skills
- Developing the cycle for continuous improvement

#### DAY 4

#### Putting Coaching & Counselling to Work

- Understanding the performer's agenda
- Coaching the subconscious mind
- Knowing what improvements to aim for
- Exploring barriers to progress
- Replacement principle
- Coaching the right performance attitude
- Making appropriate attitude adjustments
- · Knowing what empowering improvement to aim for
- Leading by example
- · Develop appreciation within and without
- The coach s role as a facilitator

#### DAY 5

#### Coaching for Decisive Action

- · Adopting the approach, process, and skills as a way of life
- Self-coaching to fit your aims and objectives personal discipline
- Improving your ability to make decisions
- Ten steps to vital decision making



- Choosing Pro-Active leadership
- Understand the Circle of control
- How to be pro-active in your relationships
- How to apply Persistence Performance
- Using the learned skills to apply at every level
- Ten essential qualities of a successful Corporate Executive



# Registration form on the Training Course: Practical Tools for Effective Leadership & Developing Talents

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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