



# Training Course: Executive Coaching

1 - 5 September 2025 Barcelona (Spain) Grupotel Gran Via 678



# Training Course: Executive Coaching

Training Course code: LS234968 From: 1 - 5 September 2025 Venue: Barcelona (Spain) - Grupotel Gran Via 678 Training Course Fees: 5500 🛘 Euro

#### Introduction

Executive coaching is a process designed to help executives enhance their skills, increase their productivity, and improve their performance. This training program is designed to provide executives with the tools and techniques they need to succeed in today's fast-paced and competitive business environment.

### **Objectives**

Upon completion of this training program, participants will be able to:

- Understand the concept of executive coaching and its benefits
- Identify areas for improvement in their own performance as executives
- · Develop a plan for enhancing their leadership and communication skills
- Implement strategies for achieving their goals and objectives
- · Identify and overcome obstacles that may be holding them back from achieving success

### **Target Audience**

#### This training program is designed for:

executives at all levels, including C-suite executives, senior managers, and team leaders. It is suitable for those who are looking to enhance their leadership and communication skills, improve their performance, and achieve their professional goals.

#### **Outlines**

#### Day 1:

#### Introduction to Executive Coaching

- · What is executive coaching?
- · Benefits of executive coaching
- Coaching versus mentoring

Day 2:



#### Self-Assessment and Goal Setting

- · Identifying personal and professional goals
- Assessing strengths and weaknesses
- Developing a plan for improvement

#### Day 3:

#### Leadership and Communication Skills

- Effective communication
- Building and leading teams
- · Managing conflict and difficult conversations

#### Day 4:

#### Overcoming Obstacles and Achieving Success

- Identifying and overcoming obstacles to success
- Strategies for achieving personal and professional goals
- Maintaining momentum and staying motivated

#### Day 5:

#### Coaching Practice and Feedback

- Practice coaching sessions
- · Feedback and review
- · Next steps and action planning



## Registration form on the Training Course: Executive Coaching

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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Full Name (Mr / Ms / Dr / Eng):  Position: Telephone / Mobile: Personal E-Mail: Official E-Mail:
Company Information
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