



# Training Course: Leadership Development: Self-Awareness, Skills and Strategies

12 - 16 May 2025 Milan (Italy)



# Training Course: Leadership Development: Self-Awareness, Skills and Strategies

Training Course code: LS1104 From: 12 - 16 May 2025 Venue: Milan (Italy) - Training Course Fees: 5250 🛘 Euro

#### Introduction

The best leaders thoroughly understand themselves. Time and time again, research has shown that self-awareness and self-direction are two essential factors in leadership effectiveness. As leaders gain a better sense of themselves and a clearer plan to self-actualization, they also:

- · Understand leadership in a brand new way
- Discover the linner leader as a source of growth
- · Tap into your amazing hidden personal power
- · Take team development to new levels of achievement
- · Learn to lead through excellent communication skills

### Course Objectives of Leadership Development

In this program you will learn to:

- View leadership from a new and higher-level perspective
- Discover and analyze your leadership style and tendencies
- Grow in personal power and effectiveness
- · Discover and build upon your intrinsic leadership qualities
- Understand, develop and employ the emotional forces within you
- · Develop the critical interpersonal skills essential for leading others

# **Training Methodology**

The instruction of this dynamic seminar will consist of content lectures, video dramatizations, assessments, engaging class discussions, and many exercises to make the learning come alive. Because Leadership Development: Self-Awareness, Skills and Strategies is so extensive in scope, the seminar will be delegate-centered and need-driven. The actual extent and time allocated to each topic will be determined by initial and daily observations of their relevance to the delegate's day-to-day work requirements.

# Organizational Impact of Leadership Development

Leaders with high self-awareness and emotional competence:

- Have the ability to understand and relate to people in the organization
- Avoid many of the difficult people and HR problems that plaques many organizations
- Possess skills that are now considered to have a greater impact on organizational performance than traditional measures of intelligence such as IQ
- Promote increased employee cooperation, increased motivation increased productivity, and increased profits

# Personal Impact of Leadership Development



#### This course teaches the competencies that enable leaders to:

- Accelerate their career development
- Understand themselves and their potential more clearly
- Recognize their own emotions as well as the emotions of others
- · Resolve conflict more effectively
- Improve their ability to communicate, influence and work with others

#### Course Outlines of Leadership Development

#### DAY 1

#### Master Keys of Effective Leadership

- The principles of leadership
- · The mind of the leader
- · The heart of the leader
- The practices of effective leaders
- The five roles leaders play
- · Leadership self-assessment
- Rebalance your leadership style for optimal results

#### DAY 2

#### **Towards Emotional Self-Awareness**

- · Growing your personal power
- Achieving emotional excellence
- Self-leadership through inner mastery
- Success through a positive attitude
- · Your time and your life
- · Increasing personal productivity
- · Direction through personal Integrity
- · Designing a strategic plan for your life and career

#### DAY 3

#### Mastering People Skills

- Understanding Interdependence
- Wining through effective communication
- The active listening model
- The four styles of communication
- · Dealing with conflict constructively
- Using the principles of influence & persuasion
- · Speaking and presenting skillfully
- The art of win-win negotiation

#### DAY 4

#### **Building and Leading Extraordinary Teams**



- How a high performing team differs from a traditional workgroup
- The three elements of high-performance teams
- Understanding the four types of teams
- The stages of team development
- Team dynamics: How teams really work
- Understanding and optimizing team member styles
- · Leading through trust
- Leading through change

#### DAY 5

#### Performance Management

- · Igniting team creativity
- The art of practical coaching
- Conducting effective performance discussions
- Positive discipline through expectations
- Delegating and empowering the right way
- The situational leadership model
- How to analyze development needs
- Using effective tools for managing performance



# Registration form on the Training Course: Leadership Development: Self-Awareness, Skills and Strategies

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Euro

Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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Full Name (Mr / Ms / Dr / Eng):
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