



*Training Course:  
Unleash Your Inner Go-Getter: Cultivating an  
Action-Oriented Mindset*

*21 - 25 April 2025  
Cape Town (South Africa)  
DoubleTree by Hilton Cape Town - Upper Eastside*

## Training Course: Unleash Your Inner Go-Getter: Cultivating an Action-Oriented Mindset

Training Course code: LS235359 From: 21 - 25 April 2025 Venue: Cape Town (South Africa) - DoubleTree by Hilton Cape Town - Upper Eastside Training Course Fees: 5950 € Euro

### Introduction:

Do you ever feel stuck in a rut, waiting for opportunities to come to you? This program ignites your inner go-getter, equipping you with the mindset and tools to actively pursue challenges and seize opportunities with unwavering enthusiasm. Embrace action as the key to success and watch your career flourish.

### Target Audience:

This program is designed for individuals who want to:

- Develop a proactive approach to work and life.
- Embrace challenges with energy and optimism.
- Overcome procrastination and take initiative.
- Set ambitious goals and work relentlessly towards achieving them.
- Become a driving force for positive change in their environment.

### Objectives:

By the end of this program, participants will be able to:

- Define an action-oriented mindset and its benefits for personal and professional growth.
- Identify personal strengths and develop strategies to overcome self-doubt.
- Set SMART goals Specific, Measurable, Achievable, Relevant, Time-bound and develop action plans to achieve them.
- Manage time effectively and prioritize tasks for maximum impact.
- Develop a growth mindset and embrace challenges as learning opportunities.

### Outlines:

Day 1: Igniting Your Action-Oriented Spark

- Understanding the power of an action-oriented mindset.

- Identifying personal values and aspirations that drive action.
- Overcoming fear and self-doubt: Building self-confidence for taking initiative.
- Setting SMART goals to focus your energy and direction.
- Inspirational stories: Exploring achievements of individuals with an action-oriented approach.

#### Day 2: Building Your Action Arsenal

- Developing a proactive problem-solving approach.
- Creative brainstorming techniques to generate solutions and identify opportunities.
- Prioritizing tasks and managing time effectively through practical tools.
- Overcoming procrastination: Building habits and routines for immediate action.
- Developing resilience and perseverance in the face of challenges.

#### Day 3: Taking Initiative and Embracing Challenges

- Identifying and seizing opportunities for growth within your professional environment.
- Communicating your ideas effectively to gain support and collaborate.
- Developing a "can-do" attitude and overcoming fear of failure.
- Learning from setbacks: Transforming challenges into learning experiences.
- Case studies: Analyzing successful individuals who tackled significant challenges.

#### Day 4: Maintaining Momentum and Achieving Results

- Developing a system for self-accountability and tracking progress.
- Celebrating successes and rewarding yourself for sustained action.
- Staying motivated and energized in the face of long-term goals.
- Building a network of like-minded individuals for support and inspiration.
- Developing a growth mindset: Embracing continuous learning and improvement.

#### Day 5: Becoming an Action Catalyst

- Inspiring and motivating others to adopt an action-oriented approach.



- Fostering a culture of initiative and problem-solving within your team.
- Identifying opportunities to create positive change within your organization.
- Developing a personal action plan for continuous growth and achievement.
- Action planning workshop: Setting individual goals and outlining actionable steps.

## Registration form on the Training Course: Unleash Your Inner Go-Getter: Cultivating an Action-Oriented Mindset

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Complete & Mail or fax to Global Horizon Training Center (GHTC) at the address given below

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Full Name (Mr / Ms / Dr / Eng): .....  
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### Company Information

Company Name: .....  
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### Person Responsible for Training and Development

Full Name (Mr / Ms / Dr / Eng): .....  
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### Payment Method

- Please find enclosed a cheque made payable to Global Horizon
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### Easy Ways To Register

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